



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**
Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

January 14, 2024

Leave-Taking of & Sunday after the Theophany
Holy fathers slain at Sinai and Raithu;
Virgin-martyr Agnes



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive through prayer and recent Confession. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

First Antiphon—Psalm Verses for the Feast of Theophany with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon– Psalm Verses for the Feast of Theophany with Refrain

Verse: I love the Lord because He has heard the voice of my supplication. Because He inclined His ear to me, therefore I will call on Him as long as I live.

Refrain: O Son of God baptized in the Jordan, save us who sing to Thee, Alleluia!

Verse: The snares of death encompassed me; the pangs of hell laid hold on me. I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—Psalm Verses with Troparion for Theophany as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

**Refrain: When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world,
glory to You!**

Verse: Let the house of Israel say: for He is good,
For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,
For His mercy endures forever! [refrain]

HYMNS SUNG AT THE LITTLE ENTRANCE:

Troparion of the Resurrection

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion of Theophany

Tone 1

When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared and enlightened the world,
Glory to You!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakian of Theophany**Tone 4**

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself, //
O unapproachable Light.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Reader: Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Reader: **Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

EPISTLE READING**Ephesians 4:7-13**

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore, it is said, "When He ascended on high He led a host of captives, and He gave gifts to men." (In saying, "He ascended," what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: It is good to give thanks to the Lord, and to sing praises to Thy
Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth
in the night. **Alleluia...**

GOSPEL READING

Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: “The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned.” From that time Jesus began to preach, saying, “Repent, for the kingdom of Heaven is at hand.”

Meglynarion for the Feast of Epiphany (Hymn to the Mother of God)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;
for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)

The grace of God has appeared for the salvation of all. (*Ps. 118/119*)

After Communion, instead of singing “We have seen the true light”, we sing the Troparion of the Theophany.

Thanksgiving Prayers after Communion
(Blessing of the Agape Meal will follow the prayers.)

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that all of your socializing take place outside of the church.**



Our friend and a frequent visitor to our church, James (Jimi) Magner, passed away peacefully on the Feast of Theophany (January 6th) after suffering a stroke a few months ago and then a fall in which he received a head injury. May God forgive him and give him rest.

UPCOMING FEAST DAY SERVICE SCHEDULE

St. Athanasius the Great Wednesday, January 17—PARISH FEAST DAY
Vespers at 5:30 p.m./Liturgy at 6:30 p.m.

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Thursday, February 1 5:30 p.m. Great Vespers
6:30 p.m. Divine Liturgy

ANNOUNCEMENTS

THE MONTHLY MEN'S FIRESIDE GATHERING will be TOMORROW, January 15th, at 7:00 p.m. at the home of Mitch and Mary Denny. If you have questions, contact Howard Lange .(hman3000@verizon.net)

THERE WILL BE NO DAILY MATINS THIS WEEK ON MONDAY OR WEDNESDAY MORNING.

HOUSE BLESSINGS

The priests look forward to this time of year when they bless your homes and have an opportunity to spend time with you. It is a joy for them! Contact one of our priests for an appointment to have your home blessed in January. We traditionally bless homes in January after the Feast of Theophany (January 6), however you can do this at almost any time of the year. If you move into a new home, you may not want to wait until the next time we celebrate Theophany to have your home blessed.

The Preparation for House Blessings

As Christ came to bless and sanctify the waters of the Jordan River and, through them, all of creation, so in this feast will we be blessed by the water that we take from the church to our homes. Now is the time to prepare ourselves and make ready our homes to welcome Christ as an honored guest who will bless every room for our salvation! Especially, prepare your icon corner to have a place for the holy water and blessing cross.

The Use of Holy Water

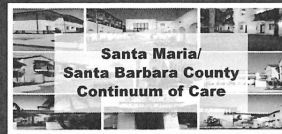
One may ask why people drink the Holy Water at Epiphany. The meaning is revealed in the prayers of the service itself:

Therefore, O King who loves mankind, be present now as when through the descent of Your Holy Spirit and sanctify this water and confer upon it the grace of redemption, the blessing of Jordan. Make it a source of incorruption, a gift of sanctification, a remission of sins, a protection against disease, a destruction to demons, inaccessible to the adverse powers and filled with angelic strength: that all who draw from it and partake of it may it for the cleansing of their soul and body, for the healing of their passions, for the sanctification of their dwellings, and for every purpose that is expedient.

We believe that bread and wine offered to God in the Eucharist is given back to us as the Body and Blood of the Lord for the remission of sins and eternal life, and we can believe that water offered to God at Epiphany is consecrated and given back to us for the cleansing of souls and bodies, for the healing of the passions, for the sanctification of our dwellings, and for every purpose that is expedient!

Make Everyone Count!

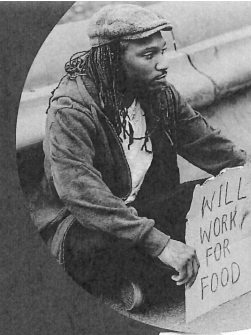
SPONSORED BY



Point In Time Count
Wed, Jan 24, 2024
5:30 am - 9:00 am



one
COUNTY
one
FUTURE



Volunteers needed on
Wednesday, January 24th, 5:30am - 9:00am
to assist with the annual count of those experiencing
homelessness in our community.

WE NEED YOUR HELP

1. Register at countyofsb.pointintime.info by January 19
2. Attend a virtual or in-person training session (offered January 15 - 19, 2024)
3. Show up January 24 at your designated logistics center



countyofsb.pointintime.info

SIGN UP NOW

Spanish training available on
request; email
pit@sbact.org

Your help is important in
capturing this crucial community data.
Help us spread the word and sign up today!

CELEBRATIONS THIS WEEK

Wedding Anniversaries

- 1/14 Jesse & Ashleah Speier
- 1/14 David & Kate Vander Laan
- 1/15 John & Elizabeth Heiduk
- 1/20 Fr. Nicholas & Jan Speier

Birthdays

- 1/5 Dominic Salcedo (We missed it last week!)
- 1/14 Viktoria Hedges, Sabina Shackelford
- 1/15 Jesse Palmer
- 1/17 Ethan Salcedo
- 1/18 Camila Aviles
- 1/19 John Wallace
- 1/20 Evonne Chala

Patron Saint Commemorations

- 1/14 St. Mungo/Kentigern Kent Fox
- 1/17 St. Anthony the Great Beau Brunner, Lincoln Brunner, Evonne Chala
- 1/18 St. Cyril of Alexandria Owen J. Finley

MORE THAN 225 SURVIVORS HAVE BEEN IDENTIFIED IN SANTA BARBARA COUNTY



#YOUKNOWTHEM

SANTA BARBARA COUNTY
**HUMAN TRAFFICKING
AWARENESS MONTH**
JANUARY 2024

Visit safesbc.org/getinvolved for more info



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.
Please pray for the health of:**

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.
Dave D.

Roman N.
Eloise G.
Jim M.
Wade
Amanda Catherine
Darcy
Penny B.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Kh. Dina B., Kh. Sally H., Alan W., Isabel E., Chuck A.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. You can contact Terri at: bookstore@stathanasius.org.

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, January 14

9:00 a.m. Catechesis for children 3yrs-6th grade
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Education
 11:45 a.m. Agape Meal

Monday, January 15

NO MATINS

6:00 p.m. St. Xenia Prayer Ministry by Zoom
 (Akathist for St. Nikiforos)

Tuesday, January 16

5:30 p.m. Daily Vespers

Wednesday, January 17—ST. ANTHONY

NO MATINS

12:00 p.m. St. Xenia Prayer Ministry at the church
 5:30 p.m. Vespers for Feast of St. Athanasius
 6:30 p.m. Divine Liturgy for St. Athanasius

Thursday, January 18- -ST. ATHANASIUS

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Youth Group

Friday, January 19

7:00 a.m. Daily Matins

Saturday, January 20

5:30 p.m. Vespers/Confession

Sunday, January 21

9:00 a.m. Catechesis for children 3yrs-6th grade
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Education
 11:45 a.m. Agape Meal
 12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

January 14 Hoppe
 January 21 Dillon
 January 28 Morrison
 February 1 Kern (Presentation)
 February 4 Dn. G. Braun

READERS

January 14 Gish
 January 17 Alexander (St. Athanasius)
 January 21 Butler
 January 28 Lange
 February 1 Kern/Gish (Presentation)
 February 4 Alexander

GREETERS

January 14 K.P. King
 January 21 H. Lange
 January 28 M. Loulias
 February 4 L. Baker

USHERS

January 14 C. Speier/S. Speier
 January 21 D. Meyer/M. Loulias
 January 28 D. Alexander/D. Washburn
 February 4 P. King/J. King

AGAPE MEAL HOSTS

January 14 Team Speier
 January 21 Team Wayne
 January 28 Team Worthington
 February 4 Team Loulias/Cocores

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech	Kevin Duke
Cameron Bobro	Adam English
Natasha Carr	Mark Gross
Paul Carr	Connor Clements
Ethan Salcedo	

THEOPHANY 2024

More photos at <https://www.stathanasius.org/media/photo-gallery/january-7-2023-theophany/>

