



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Lara Jacobs, Chair

Glenn Hoppe, Vice Chair

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM July 9, 2023 Tone 4 / Eothinon 5; Fifth Sunday after Pentecost & Fifth Sunday of Matthew

Hieromartyr Pankratios, Bishop of Taormina in Sicily;
Martyrs Andrew and Probus



Hieromartyr Pankratios, Bishop of Taormina

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are in recess for the summer. We will resume in the fall.

Fr. Symeon is away until July 18th.

Sunday, July 9

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, July 10

7:00 a.m. Daily Matins
7:45 a.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikoforos)

Tuesday, July 11

5:30 p.m. Reader's Vespers

Wednesday, July 12

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, July 13

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Reader's Vespers
6:00 p.m. Youth Group
6:15 p.m. Choir Rehearsal

Friday, July 14

7:00 a.m. Daily Matins

Saturday, July 15

5:30 p.m. Great Vespers/Confessions

Sunday, July 16

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 9 Kern
July 16 Meyer
July 23 Dn. G. Braun
July 30 Jacobs

READERS

July 9 Meyer
July 15 Alexander (Vespers)
July 16 Gish
July 23 Butler
July 30 Lange

GREETERS

July 9 H. Lange
July 16 P. Coccores/M. Loulias
July 23 L. Baker
July 30 K.P. King

USHERS

July 9 D. Meyer/K. L. King
July 16 S. Speier/C. Speier
July 23 M. Loulias/D. Alexander
July 30 D. Washburn/D. Meyer

AGAPE MEAL HOSTS

July 9 Team Lander
July 16 Team Kawahara
July 23 Team Hoppe
July 30 Team Speier

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

July 13 L. Ballew
July 20 M. Loulias
July 27 F. Young
Aug. 3 D. Alexander/J. Jones

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 4

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle

Tone 4

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)
Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING

Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

Alleluia Refrain and Psalm verses before the Gospel

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: Draw Thy bow and prosper and reign, in the cause of
truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness.
(*Ps 44/45:8*)

GOSPEL READING

Matthew 8:28-9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

UPCOMING FEAST DAY SERVICES

THE TRANSFIGURATION OF OUR LORD

Saturday/Sunday August 5-6

Regular weekend service times

THE DORMITION OF THE THEOTOKOS

Monday, August 14

5:00 p.m.

Festal Vespers/Artoklasia

6:00 p.m.

Festal Liturgy

The Dormition Fast is from August 1-15.

We will pray the Little Paraklesis at 5:30 p.m. on Tuesdays and Thursdays during the Dormition Fast.

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech

Paul Carr

Kevin Duke

Adam English

Anthony Salcedo, Ethan, Dominic and Jennifer

Marleyinna Worthington

PARISH COUNCIL CORNER

1. Timmy Palmer, with the summer school kids, is constructing a Gaga ball court in the field for the children.
2. We are looking into solutions to improve the safety of our parking area throughout the week.
3. The earwig bug problem on the patio is being addressed asap.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

- 7/10 Chris & Christie Robinson
- 7/12 Jon & Kristin King

Birthdays

- 7/9 Laurie Baker
- 7/11 Monica Carralejo, Fr. John Carrillo, David Washburn
- 7/13 Larry Lander
- 7/15 Adam Carralejo, Juliana Shackelford, Alicia Trujillo
- 7/16 Mary Denny

Patronal Feast Days

- 7/13 Archangel Gabriel Cheryl Fisher, Gabe Speier

THE HOWARD SHANNON
Golf Tournament



Friday, September 15th
REGISTRATION IS NOW OPEN!

<https://www.stathanasius.org/events/2023-golf-tournament/>

**A HUGE THANK YOU...
to our 2023 Summer School Staff**

Teachers:

Fr. Nicholas Speier, Fr. Symeon Halsell, Lara Jacobs

Afternoon Presenters:

Fr. Symeon Halsell—Soccer
Fr. Nicholas Speier—Baseball
Dorothy Alexander—Iconography
Lara Jacobs—Mint Racecars
Timmy Palmer—Woodworking
Christie Robinson—Cooking
Jan Speier—Eucharist Bread
Cheryl Washburn-Lander—Festal Decorating/Floral Design
Melissa Wayne—Festal Decorating/Floral Design
Valerie Yova—Music

Helpers:

Anastasia Brunner
Juliana Brunner
Noah Hedges
Lucy Hollan
Jessica Lorden
Samantha Lorden
Jeff Petersilia
Kyle Petersilia
Ethan Salcedo
Christina Shackelford
Lydia Sieck
Jacob Wallace
Leah Wallace
Adora Wayne
Atayla Wayne

Thank you to all who donated time, supplies and drove on field trips!

ANNOUNCEMENTS

FR. SYMEON and his family will be away on vacation from July 5-18. Please pray for their safe travels. If you have an emergency and need a priest, please call Fr. Nicholas Speier or Fr. John Finley.

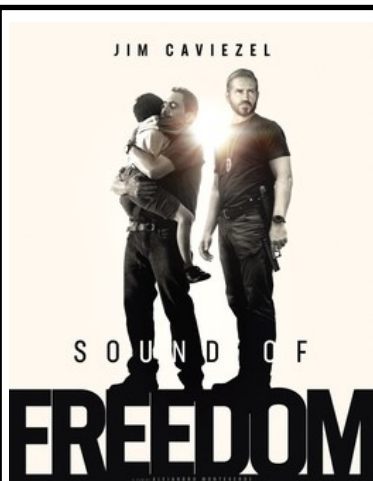


CONGRATULATIONS TO KRISTIN KING, who has been appointed by Fr. Symeon to serve on the Parish Council for a 3-year term beginning this September. The Constitution and By-laws of the parish permit the priest to appoint at least one Parish Council member each year, in addition to those elected by the parish members.

CLOTHING COLLECTION for THE SHOWERS OF BLESSING BLUE JEANS IN THE FOLLOWING SIZES ARE STILL NEEDED:

42x30—2 needed
42x32—2 needed
42x34—2 needed

Donated JEANS should be dropped off outside the church office.
See the sign-up list here: <https://bit.ly/PantsForShowersofBlessing>



The movie, “Sound of Freedom” is playing locally at the Fairview and Paseo Nuevo Theatres daily through this Thursday, July 13th.

Created by Angel Studios, the film tells the true story of Tim Ballard, who quit his job as a Special Agent with U.S. Homeland Security Investigations (HSI) to become a vigilante and embark on a mission to rescue children from cartels and human traffickers in Latin America. There are intentionally no graphic images in the film, and it may be appropriate for some teens.

Angel Studios also produced the series “The Chosen,” a dramatization of the life of Jesus Christ and his followers.

Tickets can be purchased at the door or in advance at: <https://www.angel.com/tickets/>
There are lots of interviews about the film available on Youtube.

Our parish is a member of the Interfaith Colaborative Against Human Trafficking, and has participated since 2019 in assisting the D.A.’s office and Olive Crest/Hope Refuge in their local efforts to rescue individuals out of trafficking and to provide a safe place for them to recover and get a new start in life. <https://www.olivecrest.org/santa-barbara/>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Fr. Alexander V.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

The Hieromartyr Pancratius, Bishop of Taormina, was born when our Lord Jesus Christ yet lived upon the earth.

The parents of Pancratius were natives of Antioch. Hearing the good news of Jesus Christ, Pancratius' father took his young son with him and went to Jerusalem in order to see the great Teacher for himself. The miracles astonished him, and when he heard the divine teaching, he then believed in Christ as the Son of God. He became close with the disciples of the Lord, especially with the holy Apostle Peter. It was during this period that young Pancratius got to know the holy Apostle Peter.

After the Ascension of the Savior, one of the Apostles came to Antioch and baptized the parents of Pancratius together with all their household. When the parents of Pancratius died, he left behind his inherited possessions and went to Pontus and began to live in a cave, spending his days in prayer and deep spiritual contemplation. The holy Apostle Peter, while passing through those parts, visited Pancratius at Pontus. He took him along to Antioch, and then to Sicily, where the holy Apostle Paul then was. There the holy Apostles Peter and Paul made Saint Pancratius Bishop of Taormina in Sicily.

Saint Pancratius toiled zealously for the Christian enlightenment of the people. In a single month he built a church where he celebrated divine services. The number of believers quickly grew, and soon almost all the people of Taormina and the surrounding cities accepted the Christian Faith.

Saint Pancratius governed his flock peacefully for many years. However, pagans plotted against the saint, and seizing an appropriate moment, they fell upon him and stoned him. Thus, Saint Pancratius ended his life as a martyr.

The saint's relics are in the church named for him in Rome. He is also commemorated on February 9.