



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Lara Jacobs, Chair

Glenn Hoppe, Vice Chair

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM July 16, 2023

Tone 5 / Eothinon 6

**Sunday of the Holy Fathers
of Fourth Ecumenical Council**

**Hieromartyr Athenogenes, Bishop of Herakleopolis,
and his Ten Disciples**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are in recess for the summer. We will resume in the fall.

Sunday, July 16

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, July 17

7:00 a.m. Daily Matins
7:45 a.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikoforos)
7:00 p.m. Men's Fireside at Wayne Residence

Tuesday, July 18

5:30 p.m. Reader's Vespers

Wednesday, July 19

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, July 20

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group
6:15 p.m. Parish Council Meeting

Friday, July 21

7:00 a.m. Daily Matins

Saturday, July 22

5:30 p.m. Great Vespers/Confessions

Sunday, July 23

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 16 Meyer
July 23 Dn. G. Braun
July 30 Jacobs
August 6 Washburn

READERS

July 16 Gish
July 23 Butler
July 30 Lange
August 5 Kern
August 6 Gish

GREETERS

July 16 P. Cocores/M. Loulias
July 23 L. Baker
July 30 K.P. King
August 6 D. Washburn

USHERS

July 16 S. Speier/C. Speier
July 23 M. Loulias/D. Alexander
July 30 D. Washburn/D. Meyer
August 6 P. King/J. King

AGAPE MEAL HOSTS

July 16 Team Kawahara
July 23 Team Hoppe
July 30 Team Speier
August 6 Team Worthington

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

July 20 L. Ballew
July 27 M. Loulias
Aug. 3 D. Alexander/J. Jones
Aug. 10 F. Young

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion of the Holy Fathers

Tone 8

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

Verse: *For You are just in all that You have done for us.*

EPISTLE READING**Titus 3:8-15**

Titus, my son, faithful is the saying, and concerning these things I desire you to affirm confidently, that those who have believed in God may be thoughtful of how to preside in honorable occupations. These things are good and profitable to men. But avoid foolish disputes, and genealogies, and contentions, and controversies about the Law; for they are unprofitable and vain. A man who is a heretic after the first and second admonition reject, knowing that such a one is subverted, and sins, being self-condemned. When I send Artemas to you, or Ty-chicós, give diligence to come to me to Nicopolis; for I have determined to winter there. Set forward Zenas the lawyer and Apollos on their journey diligently, that they may be lacking in nothing. And let our people also learn how to preside in honorable occupations, so as to help in cases of urgent need, that they should not be unfruitful. All who are with me salute you. Salute those who love us in the faith. Grace be with you all. Amen.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; With my mouth
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: “Mercy shall be built up forever;
In the heavens shall Thy truth be established.” (Ps 88/89:2)

GOSPEL READING

Matthew 5:14-19

The Lord said to His Disciples: “You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

UPCOMING FEAST DAY SERVICES

THE TRANSFIGURATION OF OUR LORD

Saturday/Sunday August 5-6 Regular weekend service times

THE DORMITION OF THE THEOTOKOS

Monday, August 14 5:00 p.m. Festal Vespers/Artoklasia
6:00 p.m. Festal Liturgy

The Dormition Fast is from August 1-15.
We will pray the Little Paraklesis at 5:30 p.m. on Tuesdays and Thursdays
during the Dormition Fast.

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech
Paul Carr
Kevin Duke
Adam English
Anthony Salcedo, Ethan, Dominic and Jennifer
Marleyinna Worthington

FINANCIAL UPDATE June 2023

	<u>Actual Income</u>	<u>Budget Goal</u>	
Tithes received in June	\$ 48,655	\$ 57,461	(includes \$20,555 for mortgage)
Tithes received Jan.-June	\$306,203	\$344,766	(includes \$123,330 for mortgage)
June Temple donations	\$ 113,252		
Jan.-June Temple donations	\$ 151,257		
Temple Fund Balance	\$ 530,000		
Total expenses Jan– June		\$373,151	(\$12,400 under budget)
Total income Jan.– June		<u>353,197</u>	
DEFICIT for first 6 months		\$ 19,954	

ST. ATHANASIUS ORTHODOX CHURCH
**THE HOWARD SHANNON
GOLF TOURNAMENT**



September 15

GOLF • DINNER • AUCTION

Day of Events

10AM REGISTRATION

Check in, grab lunch and buy some mulligans!
Entry into the putting contest is **Free!**

Sign up for other contests during registration
Hole in one, Closest to the pin, Longest Drive
Prizes for both Men & Women!

11:30AM PUTTING CONTEST

Qualify to win \$2500 before the tournament!
Qualifications end at 11:00!

12PM SHOTGUN START

Take a swing and play from the best ball!

5PM DINNER & AUCTION

Dinner, Music, Drinks and Silent Auction!

Sponsors & Tickets

All golfers receive Lunch, Dinner, & Entry into Putting Contest

PLEASE REGISTER BY Sept 1, 2023

CORPORATE SPONSOR: \$10,000

Full advertising throughout tournament, special recognition at the dinner, 4 golfers (includes dinner) and a reserved table for your 4 golfers and 6 additional dinner guests

DIAMOND SPONSOR: \$5,000

Advertisement at tournament, 4 golfers (includes dinner) & 4 additional dinner guests

PLATINUM SPONSOR: \$2,500

Advertising at tournament, 2 golfers (includes dinner) & 2 additional dinner guests

GOLD SPONSOR: \$1,000

Shared sponsorship at a hole
Includes 1 golfer & 1 additional dinner guest

SILVER SPONSOR: \$500

Shared sponsorship at a hole - Includes 2 dinner guests

FOURSOME: \$750

Includes lunch and dinner

SINGLE GOLFER: \$195

Includes lunch and dinner

DINNER ONLY: \$85

Dinner, auction, music & fun!

* Space is limited and will sell out! Golf is not confirmed until paid in full. No walk ups for golf or dinner will be available. 18 years and older only.

<https://www.stathanasius.org/events/2023-golf-tournament/>

ANNOUNCEMENTS

FR. SYMEON and his family will be away on vacation until July 18th. Please pray for their safe travels. If you have an emergency and need a priest, please call Fr. Nicholas Speier or Fr. John Finley.

THE MEN'S MONTHLY FIRESIDE GATHERING is tomorrow, Monday, July 17th, at 7:00 p.m. at the home of Jason and Melissa Wayne. If you have questions, contact Howard Lange.

HELP WITH SUMMER VACATION for the boys at St. Innocent Orphanage

This summer the staff of St. Innocent Orphanage in Mexico is taking 19 of the boys on a family vacation. They are trying to raise \$7,400 for this purpose, and as of this past week, they were about a third of the way to funding the trip. (Our parish donates \$50 every month in support of the priest who lives at the orphanage.) If you would like to help with the summer vacation fund between now and August 7th, donations can be made towards accommodations, fuel, food and camping passes on the Project Mexico website at:

<https://www.projectmexico.org/donate> If you prefer to write a check, please make checks out to Project Mexico, put in the tithe box, and we will mail it.

THANK YOU to all who donated pants for the Showers of Blessing clothing ministry. They were greatly appreciated!

CELEBRATIONS THIS WEEK

Wedding Anniversaries

7/19 Fr. John & Kh. Jan Finley

Birthdays

7/16 Mary Denny

7/20 Tatianna Calhoun

7/21 Athena Wayne

Patronal Feast Days

7/13 Archangel Gabriel

Gabriel Wolfington (left off last week)

7/17 St. Marina of Antioch

Tatiana Calhoun, Margaret Easbey, Athena Wayne

7/18 St. Elizabeth the New Martyr

Adrienne Macdonald, Jenny Speier

7/20 Prophet Elias/Elijah

Elias Hedges, Elijah Landrum

7/20 St. Maria of Paris

Maria Butler

7/22 St. Mary Magdalene

Megan Speier, Mary Wolfington

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Fr. Alexander V.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

Excerpts from an article by Metropolitan Basilios
Antiochian Archdiocese of Australia, New Zealand and the Philippines

On the Sunday following the 13th of July – or on that day if it is a Sunday – the Church commemorates the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 in opposition to the heresy of ‘Monophysism’ (Greek: *mono-* one, *physis* – nature) that was led by the two heretics, Eutyches and Dioscorus. The Bible reading dedicated to this commemoration is from the Gospel of Matthew 5:14-19, from a segment known as the ‘Sermon of the Lord on the Mount’. This Gospel reading contains three central ideas: That disciples are “*the light of the world*”, that Christ did not come “*to abolish the law and the prophets, but to fulfil them*”, and the idea of combining practice with teaching, “*he who does and teaches shall be called great in the kingdom of heaven*”.

The Church has chosen this particular reading because it applies to the lives of the 630 Holy Fathers whose commemoration we hold today. Indeed, they were the “light of the world”. They illuminated the universe with their divine teachings, and they were a spiritual light, a beacon for humanity and a lamp that lit up the Church and the path towards truth in Orthodox doctrine. Those God-mantled blessed Fathers assembled together in Chalcedon to refute and respond to the false teaching (heresy) of the false preachers (heretics) Eutyches and Dioscorus, who stated that in the person of Jesus Christ the human nature was absorbed into the divine nature like a cube of sugar dissolves in a cup of water. Therefore, Christ was left with only one nature, the Divine!

During the convening of this council, the Holy Fathers **emphasized the unity of the person of Christ and the two natures of Christ: divine and human**. In this teaching and identification of the Chalcedonians, the Fathers reaffirmed the Creed of faith that was formulated in the first and second Ecumenical Council, meaning two important matters were emphasized: *the distinction between the two natures is clearly stated, although the unity of Christ’s person is also emphasized*. In their proclamation of faith they stated their belief in “*one and the same son, perfect in Godhead and perfect in humanity, truly God and truly human... acknowledged in two natures unconfusedly, unchangeably, indivisibly, inseparably; the difference between the natures is in no way removed because of the union, but rather the peculiar property of each nature is preserved, and both combine in one person and in one hypostasis.*”

“*You are the light of the world,*” Christ said, addressing His disciples of all times. You will dissolve the darkness, error and sin, and you will make the truth shine everywhere, and the people will see your righteous deeds, and through them they will accept the truth, they will be attracted towards it, and glorify your Father in Heaven.

Teaching and preaching are perhaps not everyone’s responsibility and not all are required to study theology or possess the talent of teaching, but everyone is required to live the Gospel and divine commandments in their life. Every Christian believer is required to teach through the example of their deeds and commitment to live the Gospel, and in this way, they will be called great in the kingdom of the Heaven and reflect the light of Christ in their life like the moon, stars and planets that reflect the light of the sun, the Christ, who is the Sun of justice. Amen.