



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
**Office hours:** Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)  
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2022-2023:**

Lara Jacobs, Chair  
Glenn Hoppe, Vice Chair  
Dan Braun, Treasurer  
Dorothy Alexander, Secretary  
Dominic Dopico  
Lizabeth Hoppe  
Michael Loulias

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

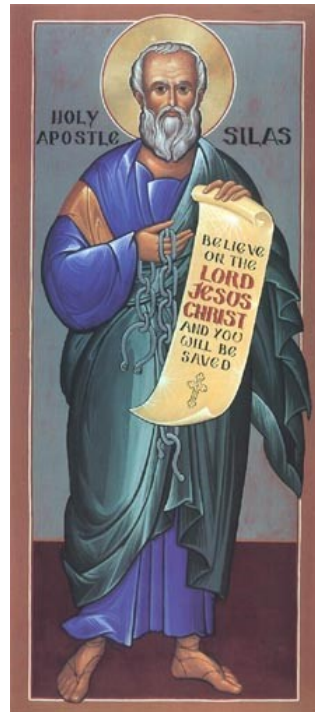
## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

July 30, 2023

Tone 7 / Eothinon 8;

**Eighth Sunday after Pentecost  
& Eighth Sunday of Matthew**

Apostles Silas, Silvan, Crescens, Epenetos  
and Andronikos of the Seventy



## WELCOME TO OUR VISITORS!

We are glad you are with us  
this morning.

If you are not Orthodox,  
we invite you to partake of the  
blessed bread during  
Communion.

Please join us on the patio after  
the Liturgy for the Agape Meal.  
We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## CALENDAR FOR THE WEEK

Sunday Religious Education Classes are in recess for the summer. We will resume in the fall.

Fr. Symeon will be with our mission team in Mexico from August 1-7.

### Sunday, July 30

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
Baptism of Seraphina Palmer and Gary Braun III  
11:45 a.m. Agape Meal  
12:15 p.m. Choir Rehearsal

### Monday, July 31

7:00 a.m. Daily Matins  
7:45 a.m. St. Xenia Prayer Ministry by Zoom (Akathist for St. Nikoforos)

### Tuesday, August 1—DORMITION FAST BEGINS

5:30 p.m. Little Paraklesis

### Wednesday, August 2

7:00 a.m. Daily Matins  
12:00 p.m. St. Xenia Prayer Ministry

### Thursday, August 3

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
10:00 a.m. Showers of Blessing  
5:30 p.m. Little Paraklesis  
6:00 p.m. Youth Group  
6:15 p.m. Choir Rehearsal

### Friday, August 4

7:00 a.m. Daily Matins

### Saturday, August 5

5:30 p.m. Festal Vespers of Transfiguration

### Sunday, August 6—TRANSFIGURATION

9:00 a.m. Festal Matins  
10:00 a.m. Festal Divine Liturgy  
Blessing of grapes & summer fruits,  
Trisagion Prayers for Dn. Richard Easbey  
11:45 a.m. Agape Meal  
12:15 p.m. Choir Rehearsal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

July 30 Jacobs  
August 6 Washburn  
August 13 Dillon  
August 14 Kern (Feast of Dormition)  
August 20 Morrison

### READERS

July 30 Lange  
August 5 Kern  
August 6 Gish  
August 13 Meyer  
August 14 Butler (Feast of Dormition)  
August 20 Alexander

### GREETERS

July 30 K.P. King  
August 6 D. Washburn  
August 13 P. Cocores/M. Loulias  
August 20 Lange

### USHERS

July 30 D. Washburn/D. Meyer  
August 6 P. King/J. King  
August 13 S. Speier/C. Speier  
August 20 K.P. King/D. Alexander

### AGAPE MEAL HOSTS

July 30 Team Speier  
August 6 Team Worthington  
August 13 Team Palmer  
August 20 Team Loulias/Cocores

### THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Aug. 3 D. Alexander/J. Jones  
Aug. 10 F. Young  
Aug. 17 L. Ballew  
Aug. 24 M. Loulias  
Aug. 31 F. Young

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

## **THE CLERGY WILL PROCESS TO THE BAPTISMAL FONT DURING THE SINGING OF THE THIRD ANTIPHON**

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil  
against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **Troparion of the Resurrection**

**Tone 7**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

### **Troparion to St. Athanasius**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

### **Kontakion for the Feast of the Transfiguration of Our Lord**

**Tone 7**

You were transfigured on the mountain, O Christ God,  
and Your disciples saw Your glory as far as they were able,  
so that when they saw You crucified,  
they might know that You suffered voluntarily,  
and might proclaim to the world  
that You are truly the radiance of the Father.

## BAPTISM OF SERAPHINA PALMER & GARY BRAUN III

### ANTI-TRISAGION HYMN

As many as have been baptized into Christ have put on Christ. Alleluia.

**(The hymn is sung as the newly baptized and their sponsors follow the clergy in a procession around the font. The clergy then return in procession to the altar for the readings.)**

### BAPTISMAL EPISTLE READING

Romans 6:3-11

#### Preparatory Psalm Verses before the Epistle

**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

#### EPISTLE READING for the 8th Sunday after Pentecost

##### I Corinthians 1:10-17

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

#### Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

**Tone 7**

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

## BAPTISMAL GOSPEL READING

Matthew 28:16-20

### GOSPEL READING for 8th Sunday of Matthew

Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, “This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves.” Jesus said, “They need not go away; you give them something to eat.” They said to Him, “We have only five loaves here and two fish.” And He said, “Bring them here to Me.” Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

#### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

#### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

## UPCOMING FEAST DAY SERVICES

### THE TRANSFIGURATION OF OUR LORD

Saturday, August 5 at 5:30 p.m.	Festal Vespers
Sunday, August 6 at 9:00 a.m.	Festal Matins
10:00 a.m.	Festal Liturgy, Blessing of grapes and summer fruits (grapes, figs, and berries) from your garden Trisagion Prayers for Dn. Richard Easbey

### THE DORMITION OF THE THEOTOKOS

Monday, August 14	5:00 p.m.	Festal Vespers/Lamentations
	6:00 p.m.	Festal Liturgy

The Dormition Fast is from August 1-15.

We will pray the Little Paraklesis at 5:30 p.m. on Tuesdays and Thursdays during the Dormition Fast.

**Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.**

Rebecca Beech  
Paul Carr  
Kevin Duke  
Adam English  
Anthony Salcedo, Ethan, Dominic and Jennifer  
Marleyinna Worthington

## FINANCIAL UPDATE June 2023

	<u>Actual Income</u>	<u>Budget Goal</u>	
Tithes received in June	\$ 48,655	\$ 57,461	(includes \$20,555 for mortgage)
Tithes received Jan.-June	\$306,203	\$344,766	(includes \$123,330 for mortgage)
<b>June Temple donations</b>	\$ 113,252		
<b>Jan.-June Temple donations</b>	\$ 151,257		
Temple Fund Balance	\$ 530,000		
Total expenses Jan– June	\$373,151		(\$12,400 under budget)
Total income Jan.– June	353,197		
<b>DEFICIT for first 6 months</b>		<b>\$ 19,954</b>	

**58 out of 127 households contributed in June.**

ST. ATHANASIUS ORTHODOX CHURCH  
**THE HOWARD SHANNON  
GOLF TOURNAMENT**



*September 15*

**GOLF • DINNER • AUCTION**

*Day of Events*

**10AM REGISTRATION**

Check in, grab lunch and buy some mulligans!  
Entry into the putting contest is **Free!**

Sign up for other contests during registration  
Hole in one, Closest to the pin, Longest Drive  
Prizes for both Men & Women!

**11:30AM PUTTING CONTEST**

Qualify to win \$2500 before the tournament!  
Qualifications end at 11:00!

**12PM SHOTGUN START**

Take a swing and play from the best ball!

**5PM DINNER & AUCTION**

Dinner, Music, Drinks and Silent Auction!



# *Sponsors & Tickets*

All golfers receive Lunch, Dinner, & Entry into Putting Contest

PLEASE REGISTER BY Sept 1, 2023

**CORPORATE SPONSOR:                    \$10,000**

Full advertising throughout tournament, special recognition at the dinner, 4 golfers (includes dinner) and a reserved table for your 4 golfers and 6 additional dinner guests

**DIAMOND SPONSOR:                    \$5,000**

Advertisement at tournament, 4 golfers (includes dinner) & 4 additional dinner guests

**PLATINUM SPONSOR:                    \$2,500**

Advertising at tournament, 2 golfers (includes dinner) & 2 additional dinner guests

**GOLD SPONSOR:                         \$1,000**

Shared sponsorship at a hole  
Includes 1 golfer & 1 additional dinner guest

**SILVER SPONSOR:                        \$500**

Shared sponsorship at a hole - Includes 2 dinner guests

---

**FOURSOME:                                 \$750**

Includes lunch and dinner

**SINGLE GOLFER:                         \$195**

Includes lunch and dinner

**DINNER ONLY:                            \$85**

Dinner, auction, music & fun!

\* Space is limited and will sell out! Golf is not confirmed until paid in full. No walk ups for golf or dinner will be available. 18 years and older only.

<https://www.stathanasius.org/events/2023-golf-tournament/>

## ANNOUNCEMENTS

**FR. SYMEON WILL BE WITH OUR MISSION TEAM in Mexico from August 1-7. Please pray for their safety as they travel there and represent our parish in building a home.**

**THE ST. BARBARA MONASTERY FRIENDS** will gather TODAY, Sunday, July 30th. The afternoon begins with a presentation: **“Vocations and Orthodoxy: Discerning God’s Calling in Our Lives,”** by Deacon Benjamin Garcia, a seminarian from St. Tikhon Seminary in Pennsylvania. The presentation will be followed by Vespers and a potluck supper.

**NEXT SUNDAY, FOR THE CELEBRATION OF THE FEAST OF THE TRANSFIGURATION,** we invite you to bring summer fruits from your garden to be blessed along with the grapes provided by the church. There will be a table set up on which you may put a basket of fruit to be blessed and taken back home. **Please, only grapes, figs, berries and other small fruits that do not take up a lot of space.**

### **HELP WITH SUMMER VACATION for the boys at St. Innocent Orphanage**

This summer the staff of St. Innocent Orphanage in Mexico is taking 19 of the boys on a family vacation. They are trying to raise \$7,400 for this purpose, and as of this past week, they were about a third of the way to funding the trip. (Our parish donates \$50 every month in support of the priest who lives at the orphanage.) If you would like to help with the summer vacation fund between now and August 7th, donations can be made towards accommodations, fuel, food and camping passes on the Project Mexico website at:

**<https://www.projectmexico.org/donate> If you prefer to write a check, please make checks out to Project Mexico, put in the tithe box, and we will mail it.**

### **DIRECTORY OF PARISHIONERS WHO OWN BUSINESSES OR OFFER SERVICES**

Once a year we update and publish a directory of our own parishioners who own businesses or offer professional services, so that we can support each others’ businesses, as appropriate. If you own a business or offer a service, and are not already listed in this directory, please send your information to the church office by August 20th at: [office@stathanasius.org](mailto:office@stathanasius.org).

### ***CELEBRATIONS THIS WEEK***

#### **Birthdays**

7/30 Emily King, Nikolai Rice, Jackson Stetler  
7/31 Jeremiah Hoppe  
8/3 David Vander Laan

#### **Patronal Feast Days**

8/3 St. Lydia, Seller of the Purple Cloth - Lydia Sieck

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Audrey C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Bob N.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Abp. Benjamin  
Temmo K.  
Sarah B..  
Dn. John & Fay Y.  
Zachary B.  
Samantha & Chris N. & Family  
Kevin D. & Family  
Stephan & Rosa K.  
Ethan K.  
Erik L.  
Matthew  
Nina & Erik Sr.  
Anthony & Christina and Family  
Hannah Rose  
Leticia B.  
Kari H.  
Carol J.  
Suzi W.  
Wade V.  
Adam and Family  
Madison E.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

**For repose of the souls of:** Fr. Alexander V.

\*\*\*\*\*

**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

\*\*\*\*\*

---

## **PARISH COUNCIL CORNER**

- Chris Robinson will continue to be our Building Maintenance Supervisor. If you notice any building related repairs needing attention, please fill out the form made available just inside the doorway to the offices and the small kitchen, and put it in the designated box.
  - The Sheriff's Department will be doing more drive throughs of our parking area to curtail and address safety issues.
  - While the PC will not meet till September, we welcome any parish feedback!
-