



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

September 10, 2023

Tone 5 / Eothinon 3

Sunday before the Elevation of the Holy Cross

After-feast of the Nativity of the Theotokos

Martyrs Menodora, Metrodora and Nymphodora of Bithynia;
Empress Pulcheria; Peter, Bishop of Nicaea



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are in recess for the summer. We will resume on September 24th.

Sunday, September 10

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
Installation of New Parish Council
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, September 11

7:00 a.m. Daily Matins
7:45 a.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)

Tuesday, September 12

5:30 p.m. Daily Vespers

Wednesday, September 13

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry
5:30 p.m. Festal Matins for Feast of the Cross
6:30 p.m. Festal Liturgy of Feast of the Cross

Thursday, September 14-FEAST OF THE CROSS

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Middle School Youth Group
6:45 p.m. High School Youth Group

Friday, September 15-GOLF TOURNAMENT

7:00 a.m. Daily Matins

Saturday, September 16

5:30 p.m. Great Vespers/Confessions

Sunday, September 17

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 10 Jacobs
September 17 Washburn
September 24 Dillon
October 1 Morrison

READERS

September 10 Gish
September 13 Butler (Feast of Cross)
September 16 Kern
September 17 Lange
September 23 Myer (Vespers—St. Thekla)
September 24 Alexander
October 1 TBA

GREETERS

September 10 K.P. King
September 17 P. Cocolos/M. Loulias
September 24 H. Lange
October 1 K. Fox

USHERS

September 10 D. Alexander/D. Meyer
September 17 M Loulias/K.L. King
September 24 C. Speier/S. Speier
October 1 P. King/J. King

AGAPE MEAL HOSTS

September 10 Team Speier
September 17 Team Worthington
September 24 Team Kawahara
October 1 Team Baker
October 8 Sacred Arts Festival
October 15 Team Lander

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 14 F. Young
Sept. 21 L. Ballew
Sept. 28 M. Loulias
Oct. 4 D. Alexander/J. Jones

Every week: Kyle & Jeff Petersilia

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON verses for the feast of the Nativity of the Theotokos with refrain:

Vs. O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;
we found it in the fields of the wood.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Glorious things are spoken of thee, O city of God. God is in the midst of her;
she shall not be moved. **[Refrain]**

Vs. *Glory...now & ever...Amen. [Refrain]*

SECOND ANTIPHON verses for the feast of the Nativity of the Theotokos & refrain

Vs. The Lord hath sworn in truth unto David; and He will not turn from it. Of the
fruit of thy body will I set upon thy throne.

**Refrain: O Son of God, Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. There will I make the horn of David to bud; I have ordained a lamp
for mine anointed. **[Refrain]**

Vs. For the Lord hath chosen Zion; He hath desired it for His habitation. **[Refrain]**

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

Third Antiphon for the Feast of the Nativity of the Theotokos

Vs. Here will I dwell, for I have desired it.

Refrain:

**Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.**

Vs. The most high hath sanctified his tabernacle. **[Refrain]**

Vs. Holy is Thy temple, and wonderful in righteousness. **[Refrain]**

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for the Feast of the Nativity of the Theotokos

Tone 4

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Nativity of the Theotokos**Tone 4**

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin, celebrate and sing to You:
“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon) Tone 6
(Music on page 60 of Liturgy book)**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: To Thee will I cry, O Lord, O my God, do not be silent unto me.

**THE EPISTLE READING
for the Sunday before the Feast of the Cross
Galatians 6:11-18**

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world.

For, neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 I have exalted one chosen out of My people. **Alleluia** (Ps 88/89:20)

Vs. 2 For My hand shall defend him, and My arm shall strengthen him.

Alleluia (Ps 88/89:22)

GOSPEL READING for the Sunday before the Feast of the Cross

John 3:13-17

The Lord said, “No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For, God sent His Son into the world, not to condemn the world, but that the world might be saved through Him.”

Meglynarion for the Nativity of the Theotokos (Hymn to the Mother of God)

Magnify, O my soul, the Virgin Mary, born of a barren womb.

Virginity is foreign to mothers; Childbearing is strange to virgins.

But in you, O birthgiver of God, both were accomplished.

Therefore, all the earthly nations unceasingly glorify You.

Communion Hymn

For the feast of the Nativity of the Theotokos:

Praise the Lord from the heavens, praise Him in the highest! (*Ps. 148:1*)

I will receive the cup of salvation and call on the name of the Lord.

(*Ps 115/116:13*) Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech

Paul Carr

Connor Clements

Kevin Duke

Adam English

Mark Gross

Anthony Salcedo, Ethan, Dominic and Jennifer

UPCOMING FEAST DAY SERVICES

ELEVATION OF HOLY CROSS

Wednesday, Sept. 13

5:30 p.m.

Festal Matins & Liturgy

ANNOUNCEMENTS

THE PARISH COUNCIL MEMBERS FOR THE 2023-2024 YEAR will be installed today at the end of the Divine Liturgy.

ADULT CATECHISM CLASSES WILL BE ON SATURDAYS FROM 3-5 p.m. in the coming Liturgical Year. The Fall session will meet on the following Saturdays:

Sept. 23 & 30

Oct. 21

Nov. 4 & 18

WE NEED LOTS OF HELP THE WEEKEND OF OUR SACRED ARTS FESTIVAL, OCT. 6-8. (Set-up, clean-up, donations of sweets for the receptions, and volunteers at the ticket table.) We will post an online sign-up soon. Please reserve that weekend for this exciting parish event. **We encourage you to bring the kids to the concert on Sunday afternoon, October 8th at 3:00 p.m.!** We will be working on childcare during the presentations by Fr. Turbo (for our own parish member's children ages 4-10 years old.) More information to come.

FR. SYMEON will lead the AKATHIST TO OUR SWEETEST LORD, JESUS CHRIST on the following Wednesdays this autumn **AT WESTMONT COLLEGE in the Voskuyl Chapel at 5:30 p.m.**, assisted by our parishioners who are students there. All are welcome!

WEDNESDAYS at 5:30 p.m.:

September 20

October 4, 11, 18 & 25

November 1 & 8



SACRED ARTS FESTIVAL

SAINT ATHANASIOS ORTHODOX CHRISTIAN CHURCH

Produced with the blessing of His Eminence, Metropolitan SABA of the
Antiochian Orthodox Christian Archdiocese of North America

Friday, October 6 – Sunday, October 8, 2023

300 Sumida Gardens Ln., Santa Barbara, CA

Fr. Turbo Qualls, Presenter

Friday, October 6 7:00-8:30 p.m.

Session One: "My Journey to the Ancient Faith – the Royal Path"

Saturday, October 7

1:00 – 2:30 p.m. Session Two: "Wonder as Worship in Orthodox Christian Art"

4:00 -- 5:30 p.m. Session Three: "Wonder as Worship" Part 2

Please no children under 11 yrs. old at the lectures.

Middle school & high school students are welcome & attend for free!



Sunday, October 8 – 3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir

Seating is first-come/first-served.

Youth ages 17 yrs. and under are welcome and attend for free. Bring the whole family!

OTHER FESTIVAL ACTIVITIES:

- LITURGICAL SERVICES
- ICON EXHIBIT
- BOOK STORE
- CHURCH TOURS
- WORKSHOPS ON FRIDAY AFTERNOON
IN ICONOGRAPHY, PROSPHORA BAKING & PRAYER ROPE WEAVING
- MEXICAN BARBECUE SATURDAY EVENING

**\$25 package price for all 3 lectures and
the concert in advance**
AT THE DOOR: \$10/lecture & \$5/concert
Saturday supper \$10/person
Friday workshops \$10/person

FOR THE FULL SCHEDULE & TO REGISTER GO TO:

<https://www.stathanasius.org/events/sacred-arts-festival-2023/>

Friday, October 6

1:00 – 4:30 p.m.

Workshops (for individuals 16 yrs. and older) Class size is limited.

- **Iconography** (\$10/person) – Dorothy Alexander & Kh. Cayce-Marie Halsell
Docent-led tour of the icon exhibit in the chapel; How gold is used in iconography, the different types of gilding, and trying out various methods; A teaching on iconography with a live demonstration of egg tempera as used in the Byzantine Tradition.
- **Prospora Baking** (\$10/person)—Fr. John Finley
- **Prayer Rope Weaving** (\$10/person) Sister Photini, other teachers TBA

5:00-6:30 p.m.

Tours of Nave, Bookstore & Icon Exhibit Open

7:00-8:30 p.m.

**Session One: “My Journey to the Ancient Faith – the Royal Path”
Fr. Turbo Qualls**

Dessert Reception, Bookstore & Icon Exhibit open following presentation.

Saturday, October 7

12:00-1:00 p.m.

Tours of Nave, Open House in Atria, Bookstore & Icon Exhibit Open

1:00 – 2:30 p.m.

“Wonder as Worship in Orthodox Christian Art” Part 1 – Fr. Turbo Qualls

2:30 – 3:00 p.m.

Break/Snacks available

3:00-3:45 p.m.

Great Vespers

4:00-5:30 p.m.

“Wonder as Worship” Part 2 – Fr. Turbo Qualls

5:30-6:00 p.m.

Bookstore Open

5:30-7:30 p.m.

Light supper/Mexican BBQ (by pre-registration - \$10/person)

Sunday, October 8

9:00 a.m.

Matins Service

10:00 a.m.

Divine Liturgy followed by Agape Meal

2:00 p.m.

Bookstore Open

3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir (\$5/person)

Seating is first-come/first-served.

A reception will follow the concert.

A CALL FOR RARE OR UNIQUE ICONS FOR OUR SACRED ARTS FESTIVAL EXHIBIT

As part of our Sacred Arts Festival (October 6-8) we will, once again, set up an icon exhibit. Our Exhibit Team, (the members of the Icon Guild of our parish) is requesting submissions of **hand-painted** icons from your personal collection that you would be willing to loan the church for this exhibit. If you have one or more icons you would like to submit, please take a photo of each icon (with your phone is fine) and e-mail with a brief description to the church at: **office@stathanasius**. We will forward the photos to the Icon Guild, and they will contact you.

We have limited space, so we may not be able to use every icon that is submitted. Our goal is to be able to display a wide variety of styles and traditions of Orthodox iconography.

**St. Athanasius Icon Guild:
Dorothy Alexander, Asia Ballew, Kh. Cayce-Marie Halsell, Nataliya Tinyayeva**

CELEBRATIONS THIS WEEK

Birthdays

9/11 Niko Halsell
9/14 Michael (Jimmy) Easbey

ST. ATHANASIOS ORTHODOX CHURCH
**THE HOWARD SHANNON
GOLF TOURNAMENT**



September 15
GOLF • DINNER • AUCTION

**SEE YOU THIS FRIDAY AT THE TOURNAMENT!
RESERVATIONS ARE NOW CLOSED FOR GOLF & DINNER.**

HERE IS ONE OF OUR MANY EXCITING AUCTION ITEMS:

**8-DAY STAY AT VIDANTA
NUEVO NAYARIT-VALLARTA RESORT**

Dates are specific: May 12-19

**Secluded amid the magnificent Sierra Madres, and named one of
the top resorts in Mexico & in the world!**

GRAND LUXXE THREE-BEDROOM SPA SUITE

**3 bedrooms (two king-size beds and two double-size beds)
Sleeps 8 adults, 2 kids under 12 years
3 bathrooms with two jacuzzi tubs, private terrace with a plunge pool,
gourmet kitchen, one living space with sleeper sofa,
2 dining rooms, and 4 TVs.**

Great opportunity for a family vacation or for 3 couples to split.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.

Dave D.
Roman N.
Eloise G.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Mother Nektaria, Shamassa Zinetta N., Fr. Alexander V.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

