



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

September 24, 2023

Tone 7 / Eothinon 5

Proto-martyr Thekla, Equal-to-the-Apostles
& First Sunday of Luke
Venerable Silouan of Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are will resume
on September 24th.

Sunday, September 24

SUNDAY RELIGIOUS EDUCATION BEGINS

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, September 25

7:00 a.m. Daily Readers Matins
6:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)

Tuesday, September 26

5:30 p.m. Daily Vespers

Wednesday, September 27

7:00 a.m. Daily Readers Matins
12:00 p.m. St. Xenia Prayer Ministry
6:30 p.m. Choir Rehearsal

Thursday, September 28

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group—Middle & High School

Friday, September 29

7:00 a.m. Daily Matins

Saturday, September 30

3:00 p.m. Adult Catechism
5:30 p.m. Great Vespers/Confessions

Sunday, October 1

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 24 Dillon
October 1 Morrison
October 8 Kern
October 15 Morrison

READERS

September 24 Alexander
October 1 Gish
October 8 Butler
October 15 Lange

GREETERS

September 24 H. Lange
October 1 K. Fox
October 8 K.P. King/H. Lange
October 15 P. Cocores/M. Loulias

USHERS

September 24 C. Speier/S. Speier
October 1 P. King/J. King
October 8 D. Meyer/D. Alexander
October 15 K.L. King/M. Loulias

AGAPE MEAL HOSTS

September 24 Team Kawahara
October 1 Team Baker
October 8 Sacred Arts Festival
October 15 Team Lander
October 24 Team Loulias

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Sept. 28 M. Loulias
Oct. 5 D. Alexander/J. Jones
Oct. 12 F. Young
Oct. 19 L. Ballew

Every week: Kyle & Jeff Petersilia

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive through prayer and recent Confession. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of
ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the
Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O
Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the
Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

HYMNS SUNG AT THE LITTLE ENTRANCE:

Troparion of the Resurrection

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion to St. Thekla, Equal to the Apostles

Tone 3

O glorious Thekla, companion of Paul the divine,
you were enflamed with the love of your Creator,
by the teaching of the divine preacher.
You despised the passing earthly pleasures,
and offered yourself to God as an acceptable and pleasing sacrifice,
disregarding all suffering.
Intercede with Christ your Groom to grant us His Great Mercy.

Troparion for St. Silouan of Athos

Tone 4

By prayer thou didst receive Christ
as thy teacher in the way of humility,
and the Spirit bore witness to salvation in thy heart.
Wherefore, all peoples called unto hope rejoice
in this day of thy memorial, O sacred Father Silouan.
Pray unto Christ our God for the salvation of our souls.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

Prokeimenon before the Epistle

Tone 4

God is wonderful in His saints, the God of Israel. (Ps. 68:35)

VERSE: *In the churches bless ye God the Lord, from the fountains of Israel.*

EPISTLE READING

2 Timothy 3:10-15

Timothy, my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured! Yet from them all, the Lord rescued me. Indeed, all, who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings, which are able to instruct you for salvation through faith in Christ Jesus.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

Luke. (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

**Thanksgiving Prayers after Communion
(Blessing of Agape Meal will follow the Prayers.)**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech
Paul Carr
Connor Clements
Kevin Duke
Adam English
Mark Gross
Anthony Salcedo, Ethan, Dominic and Jennifer

Parents,

Today we begin our Orthodox Church School year by setting aside times for the Catechesis of the Good Shepherd in our atria and our Teen Church School studies. These are times for our teachers and catechists to support your on-going Christian life and formation in Jesus Christ at home with your children. They are a vital part of this parish's on-going catechetical program. These times and spaces are purposeful and carefully created with these goals in mind. On behalf of the Catechists and teachers, and for this formation to aid your efforts more deeply, we ask that you respect both the dedicated spaces and those assigned times by making it a priority for your family. Please reserve the atria for guided Christian formation, education, and encounter with Jesus Christ by not treating them as optional playrooms for your children. Your commitment will greatly aid our community's efforts to bolster the Christian life you are imparting to the little ones of this parish.

*With love in Christ may we together raise up praise and glory to God,
Fr. Symeon, The Catechists and Teen Church School Teachers*

CATECHESIS OF THE GOOD SHEPHERD (Atrium)

All three levels will meet from 9:00-10:00 on Sunday mornings.

Level I - Ages 3 (by Sept 1) through Kindergarten

Level II - Grades 1-3

Level III - Grades 4-6

TEEN RELIGIOUS EDUCATION will be on Sundays after the Eucharist.



SACRED ARTS FESTIVAL

SAINT ATHANASIOS ORTHODOX CHRISTIAN CHURCH

Produced with the blessing of His Eminence, Metropolitan SABA of the
Antiochian Orthodox Christian Archdiocese of North America

Friday, October 6 – Sunday, October 8, 2023

300 Sumida Gardens Ln., Santa Barbara, CA

Fr. Turbo Qualls, Presenter

Friday, October 6 7:00-8:30 p.m.

Session One: "My Journey to the Ancient Faith – the Royal Path"

Saturday, October 7

1:00 – 2:30 p.m. Session Two: "Wonder as Worship in Orthodox Christian Art"

4:00 -- 5:30 p.m. Session Three: "Wonder as Worship" Part 2

Please no children under 11 yrs. old at the lectures.

Middle school & high school students are welcome & attend for free!



Sunday, October 8 – 3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir

Seating is first-come/first-served.

Youth ages 17 yrs. and under are welcome and attend for free. Bring the whole family!

OTHER FESTIVAL ACTIVITIES:

- LITURGICAL SERVICES
- ICON EXHIBIT
- BOOK STORE
- CHURCH TOURS
- WORKSHOPS ON FRIDAY AFTERNOON
IN ICONOGRAPHY, PROSPHORA BAKING & PRAYER ROPE WEAVING
- MEXICAN BARBECUE SATURDAY EVENING

**\$25 package price for all 3 lectures and
the concert in advance**
AT THE DOOR: \$10/lecture & \$5/concert
Saturday supper \$10/person
Friday workshops \$10/person

FOR THE FULL SCHEDULE & TO REGISTER GO TO:

<https://www.stathanasius.org/events/sacred-arts-festival-2023/>

Friday, October 6

1:00 – 4:30 p.m.

Workshops (for individuals 16 yrs. and older) Class size is limited.

- **Iconography** (\$10/person) – Dorothy Alexander & Kh. Cayce-Marie Halsell
Docent-led tour of the icon exhibit in the chapel; How gold is used in iconography, the different types of gilding, and trying out various methods; A teaching on iconography with a live demonstration of egg tempera as used in the Byzantine Tradition.
- **Prospora Baking** (\$10/person)—Fr. John Finley
- **Prayer Rope Weaving** (\$10/person) Sister Photini, other teachers TBA

5:00-6:30 p.m.

Tours of Nave, Bookstore & Icon Exhibit Open

7:00-8:30 p.m.

**Session One: “My Journey to the Ancient Faith – the Royal Path”
Fr. Turbo Qualls**

Dessert Reception, Bookstore & Icon Exhibit open following presentation.

Saturday, October 7

12:00-1:00 p.m.

Tours of Nave, Open House in Atria, Bookstore & Icon Exhibit Open

1:00 – 2:30 p.m.

“Wonder as Worship in Orthodox Christian Art” Part 1 – Fr. Turbo Qualls

2:30 – 3:00 p.m.

Break/Snacks available

3:00-3:45 p.m.

Great Vespers

4:00-5:30 p.m.

“Wonder as Worship” Part 2 – Fr. Turbo Qualls

5:30-6:00 p.m.

Bookstore Open

5:30-7:30 p.m.

Light supper/Mexican BBQ (by pre-registration - \$10/person)

Sunday, October 8

9:00 a.m.

Matins Service

10:00 a.m.

Divine Liturgy followed by Agape Meal

2:00 p.m.

Bookstore Open

3:00 p.m.

Sacred Music Concert featuring the Sacred Arts Festival Choir (\$5/person)

Seating is first-come/first-served.

A reception will follow the concert.

CELEBRATIONS THIS WEEK

Birthdays

- ★ 9/27 Gianni Madrigal, Sherie Shackelford
- ★ 9/28 Jessica Berari, Seraphim Cisneros, Dn. John Young
- ★ 9/29 Nicole Berari, Elijah Landrum
- ★ 9/30 Michael Loulias

Patronal Feast Days

- ★ 9/24 St. Thekla the Protomartyr Kh. Jan Finley, Courtney Shannon, Melissa Braun
 - ★ 9/24 St. Silouan the Athonite Levi Harvey Silouan Denny
 - ★ 9/25 St. Sergius of Radonezh Brian Sieck
 - ★ 9/26 St. John the Theologian Douglas Meyer, Johnny Heiduk, Robert Rauchhaus
 - ★ 9/28 St. Jerome Tyson Shackelford
- *****

ANNOUNCEMENTS

FR. NICHOLAS & KH. JAN WILL BE AWAY SEPTEMBER 18-25.

FR. SYMEON WILL BE AWAY SEPTEMBER 25-29. Please contact Fr. John Finley in the event of an emergency.

THERE WILL BE NO WEEKLY DIVINE LITURGY THIS FALL. A schedule of once-a-month weekday liturgies will be announced soon. These liturgies will commemorate the feasts of some of the saints for which our parish has holy relics.

ADULT CATECHISM CLASSES WILL BE ON SATURDAYS FROM 3-5 p.m. in the coming Liturgical Year. The Fall session will meet on the following Saturdays:

Sept. 30

Oct. 21

Nov. 4 & 18

WE NEED LOTS OF HELP THE WEEKEND OF OUR SACRED ARTS FESTIVAL, OCT. 6-8. (Donations of sweets for the receptions and the Agape Meal on Sunday, and help with set-up and clean-up at various times throughout the weekend.) The online sign-up can be found here: <https://bit.ly/SacredArtsFestSignup>

IF YOU WOULD LIKE TO JOIN OUR ST. XENIA PRAYER MINISTRY in one of their online (ZOOM) prayer times, contact Dorothy Alexander for the meeting I.D. and password information. (Zoom sessions are currently Mondays at 6:00 p.m. and Thursdays at 7:45 a.m.) They also meet in person on Wednesdays at 12:00 noon in our chapel.

FR. SYMEON will lead the AKATHIST TO OUR SWEETEST LORD, JESUS CHRIST on the following Wednesdays this autumn **AT WESTMONT COLLEGE in the Voskuyl Chapel at 5:30 p.m.**, assisted by our parishioners who are students there. All are welcome!

WEDNESDAYS at 5:30 p.m.:

October 4, 11, 18 & 25

November 1 & 8

PRAYERS FOR LOCAL HUMAN TRAFFICKING TASK FORCE AGENCIES

We ask that you keep in prayer those working in our area against Human Trafficking. Please keep these agencies on this list in the commemorations of your prayers for their health and salvation and the furtherance of their work to the glory of God.

<https://bit.ly/TraffickingTaskForce>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.

Dave D.
Roman N.
Eloise G.
Jim M.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Mother Nektaria, Shamassa Zinetta N.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

If you would like to receive the parish weekly e-mail reminders,
please send your e-mail address to: valerie@stathanasius.org.

If you are an active member and are not getting
at least one e-mail per week,
check your SPAM folder.

Some e-mail providers block bulk e-mail programs.