



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

October 8, 2023

Tone 1 / Eothinon 7;

**Eighteenth Sunday after Pentecost
& Third Sunday of Luke**

Righteous Mother Pelagia the Penitent of Antioch;

Marytr Pelagia the Virgin of Antioch;

Venerable Thaïs of Egypt



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 8—SACRED ARTS FESTIVAL

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
NO TEEN CLASS TODAY
11:45 a.m. Agape Meal
2:00 p.m. Icon Exhibit Open
3:00 p.m. **SACRED MUSIC CONCERT**

Monday, October 9—ST. TIKHON

7:00 a.m. Daily Readers Matins
6:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)

Tuesday, October 10

5:30 p.m. Daily Vespers

Wednesday, October 11

7:00 a.m. Daily Readers Matins
12:00 p.m. St. Xenia Prayer Ministry at the church

Thursday, October 12

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group—Middle & High School

Friday, October 13

7:00 a.m. Daily Matins

Saturday, October 14

8:30 a.m. Men's Fellowship of St. John
5:30 p.m. Vespers/Confession

Sunday, October 15

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Education
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCHARIST BREAD

October 8 Kern
October 15 Meyer
October 22 Fr. Nicholas
October 29 Dn. G. Braun

READERS

October 8 Butler
October 15 Gish
October 22 Meyer
October 29 Alexander

GREETERS

October 8 K.P. King/H. Lange
October 15 M. Loulias
October 22 K. P. King
October 29 H. Lange

USHERS

October 8 D. Meyer/D. Alexander
October 15 K.L. King/M. Loulias
October 22 S. Speier/C. Speier
October 29 D. Meyer/D. Alexander

AGAPE MEAL HOSTS

October 8 Sacred Arts Festival
October 15 Team Lander
October 22 Team Loulias/Cocores
October 29 Team King

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Oct. 12 M. Loulias
Oct. 19 L. Ballew
Oct. 26 M. Loulias
Oct. 30 M. Loulias

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive through prayer and recent Confession. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of
ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the
Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O
Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the
Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

HYMNS SUNG AT THE LITTLE ENTRANCE:

Troparion of the Resurrection

Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion for Venerable Pelagia the Penitent

Tone 8

The image of God was truly preserved in you, O Mother,
for you took up the Cross and followed Christ.
By so doing you taught us to disregard the flesh for it passes away,
but to care instead for the soul, since it is immortal.
Therefore your spirit, ven'erable Pelagia, rejoices with the angels.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 1

Reader: Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Reader: **Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

EPISTLE READING

Corinthians 9:6-11

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

Alleluia before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (Ps 17/18:50)

GOSPEL READING

Luke 7:11-16

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion (Blessing of Agape Meal will follow the Prayers.)

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech

Paul Carr

Connor Clements

Kevin Duke

Adam English

Mark Gross

Anthony Salcedo, Ethan, Dominic and Jennifer

ANNOUNCEMENTS

THERE WILL BE NO TEEN CLASS TODAY AFTER THE EUCHARIST. We will resume next week.

THE ICON EXHIBIT WILL BE OPEN TODAY AT 2:00 p.m., prior to the 3:00 p.m. concert.

IF YOU HAVE MOVED OR CHANGED CONTACT INFORMATION (phone or e-mail) please don't forget to let the church office know. office@stathanasius.org

ADULT CATECHISM CLASS MEETS ON SATURDAYS FROM 3-5 p.m. The remaining sessions this Fall are on Oct. 21, Nov. 4, and Nov. 18.

WOMEN'S FALL BOOK CLUB

This fall, our Book Club will be reading "Our Hearts' True Home" which is a collection of 14 stories. This makes it a perfect book for the person who can't attend each session. We pray you will feel welcomed to come when you can. If you have questions, contact Liz Hoppe.

Here is the schedule we will follow, and yes, Thursdays are youth group nights. We will be in the Reception Room this time. We will meet from 6:30-7:30, after 5:30 vespers, if you would like to add that to your evening, too.

Oct. 19 (chapters 1-3) **Nov 9** (chapters 10-13)
Oct 26 (chapters 4-6) **Nov 16** (chapters 14-15)
Nov 2 (chapters 7-9)

Parish Council Corner

- Fr. Symeon signed and delivered a letter to the sheriff's department notifying them that we consider the church property to be "private property." This will enable them to take action in the case of trespassing, which will improve the safety of our parking lot and property.
- Fr. Symeon will be working with Suzi Wiley and the Agape Team leaders to simplify the Sunday meal so as to not create a financial burden for the teams.
- We will make some adjustments to the placement of the Agape Meal serving tables to ease the flow of traffic from the church nave onto the patio.



SACRED ARTS
FESTIVAL

SAINT ATHANASIUS ORTHODOX CHRISTIAN CHURCH

SACRED MUSIC CONCERT

**“Old meets New:
Finding our Voice in America”**

SUNDAY, OCTOBER 8, 2023

3:00 p.m.

St. Athanasius Orthodox Church
300 Sumida Gardens Ln. in
Santa Barbara/Goleta

**Presented by
The St. Athanasius
Sacred Arts Festival
Chorus
Valerie Yova, Director**



Featuring traditional Slavic & Byzantine chant,
newly composed hymns influenced by the received traditions of the “old world,”
plus beloved American Gospel hymns and plantation songs

**Donation: \$5 Seating is first-come/first-served.
Reception following the concert.**

SUSIE'S CLOSET—MOST NEEDED ITEMS

SUSIE'S CLOSET offers baby equipment, maternity clothes and children's clothes (up to size 6) to mothers in need. They receive referrals from social workers, Cottage Hospital, and LEAP. Susie's Closet has immediate need for several items. If you would like to purchase and donate items, see the Needs List below. **NEW AND GENTLY USED ITEMS** can be brought to the church and we will deliver them to Susie's Closet. (Susie's Closet is part of Network Medical Women's Center of Santa Barbara.) Keep the list in mind when you are at garage sales, or cleaning out your own garage or storage space!

MOST URGENT NEEDS:

infant head supports
front pack baby carriers
bouncy seats
potty seats
changing pads
nursing covers
pack and plays
strollers (single or double)

OTHER NEEDS:

board books
Easy Reader books
baby girl newborn clothes
soft shoes for baby 0-5
size 3/4 boy toddler clothes
baby bath towels
baby booties
toddler socks

If you would like to make a **monetary donation** towards the purchase of some of these urgently needed items to help women and children in our community, please donate to SAOC, earmarked "**Women's Fellowship Service Project.**"

Contact Terri Speier if you have questions. (stspeier@cox.net)

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/08 Phillip & Natalya Kawahara
10/10 Garrett & Elleney Gish
10/13 Verne & Joanne Gish

Birthdays

10/9 Jennifer Speier, Jason Wallace
10/10 Michiel de Bruin
10/11 Gage Salinas
10/12 Kaleigh Flores

Patronal Feast Days

10/11 **St. Kenneth of Aghaboe** Ken Gomez
10/13 **St. Benjamin** Benjamin Ballew, Benny Madrigal

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.

Dave D.
Roman N.
Eloise G.
Jim M.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Fr. Paul E.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

