



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

October 22, 2023

Tone 3 / Eothinon 9

Twentieth Sunday after Pentecost & Sixth Sunday of Luke

Averkios the Wonderworker, Equal-to-the-Apostles and
Bishop of Hierapolis;
The Seven Holy Youths (“Seven Sleepers”)
martyred in Ephesus;
Bishop Eulalios



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 22

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Education Class
11:45 a.m. Agape Meal
12:45 p.m. Parish Council Meeting
5:00 p.m. Young Adult Dinner

Monday, October 23—ST. JAMES

7:00 a.m. Daily Readers Matins
6:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)
7:00 p.m. Men's Fireside at Wayne Residence

Tuesday, October 24

5:30 p.m. Daily Vespers

Wednesday, October 25

7:00 a.m. Daily Readers Matins
12:00 p.m. St. Xenia Prayer Ministry at the church

Thursday, October 26—ST. DEMETRIUS

7:45 a.m. St. Xenia Prayer Ministry by Zoom
9:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group—Middle & High School
6:30 p.m. Women's Book Club

Friday, October 27

7:00 a.m. Daily Matins

Saturday, October 28

3:00 p.m. Adult Catechism
5:30 p.m. Vespers/Confession

Sunday, October 29

9:00 a.m. Matins
9:00 a.m. Catechesis for children 3yrs-6th grade
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Education
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 22 Fr. Nicholas
October 29 Dn. G. Braun
November 5 Jacobs
November 12 Washburn

READERS

October 22 Meyer
October 29 Alexander
November 5 Gish
November 12 Butler

GREETERS

October 22 K. P. King
October 29 H. Lange
November 5 L. Baker
November 12 M. Loulias

USHERS

October 22 S. Speier/C. Speier
October 29 D. Meyer/D. Alexander
November 5 P. King/J. King
November 12 K.L. King/M. Loulias

AGAPE MEAL HOSTS

October 22 Team Loulias/Cocores
October 29 Team King
November 5 Team Speier
November 12 Team Wayne

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive through prayer and recent Confession. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

HYMNS SUNG AT THE LITTLE ENTRANCE:

Troparion of the Resurrection

Tone 3

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion for St. Averkios

Tone 5

You emulated the zeal of the Apostles
and shone forth like a morning star,
and your works showed your God-given power:
you guided the erring to God, //
O hierarch Averkios.

Troparion for the Holy Seven Youths

Tone 4

Your seven holy martyrs, O Lord,
through their sufferings have received incorruptible crowns from You, our God.
For having Your strength, they laid low their adversaries,
and shattered the powerless boldness of demons. //
Through their intercession, save our souls!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING**Galatians 1:11-19**

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers.

But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Luke. 8:26-39

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

**Thanksgiving Prayers after Communion
(Blessing of Agape Meal will follow the Prayers.)**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech
Paul Carr
Connor Clements
Kevin Duke
Adam English
Mark Gross

Anthony Salcedo, Ethan, Dominic and Jennifer

SAVE THE DATE!!!

Friday, December 8, 2023 at 7:00 p.m.

St. Nicholas Family Night

-A celebration of the Feast of St. Nicholas

-A night for the whole family, including music, a Nativity pageant, caroling, and refreshments!

MORE DETAILS COMING SOON!

ANNOUNCEMENTS

THE MEN'S FIRESIDE GATHERING will take place **THIS MONDAY, OCTOBER 23rd** at 7:00 p.m. at the home of Jason and Melissa Wayne.

ADULT CATECHISM CLASS MEETS ON SATURDAYS FROM 3-5 p.m. The remaining sessions this Fall are on Nov. 4, and Nov. 18.

WOMEN'S FALL BOOK CLUB—Thursdays at 6:30 from now through Nov. 16

This fall, our Book Club will be reading "Our Hearts' True Home" which is a collection of 14 stories. This makes it a perfect book for the person who can't attend each session. We pray you will feel welcomed to come when you can.

We will meet for the next four Thursdays in the Reception Room from 6:30-7:30, after 5:30 vespers, if you would like to add that to your evening, too. (We had our first session this past week.) If you have questions, contact Liz Hoppe.

Oct. 26 (chapters 4-6)

Nov 9 (chapters 10-12)

Nov. 2 (chapters 7-9)

Nov 16 (chapters 13-14)

ANNUNCIATION (O.C.A.) parish in Santa Maria is, once again, selling fresh Christmas wreaths made from Noble Fir pine branches. The wreaths are \$25 and include a red velvet bow and two pine cone clusters for decoration. If you are interested in ordering a wreath, contact Peter Howe by November 4th at 1-805-709-5426 or howepet@gmail.com. Wreaths will be delivered to the church in early December and can be picked up from the church.

**The following books were recommended by Fr. Turbo Qualls,
our speaker for the Sacred Arts Festival.
They are available in our parish bookstore.**

- Introducing the Orthodox Church by Anthony Coniaris (for inquirers)
ON REORDER—We sold out last weekend!
- The Language of Creation by Matthieu Pageau
- The Art of Seeing by Fr. Maximos Constas
- In the Mirror by Fr. Stamatis Skliris

SUSIE'S CLOSET—MOST NEEDED ITEMS

SUSIE'S CLOSET offers baby equipment, maternity clothes and children's clothes (up to size 6) to mothers in need. They receive referrals from social workers, Cottage Hospital, and LEAP. Susie's Closet has immediate need for several items. If you would like to purchase and donate items, see the Needs List below. **NEW AND GENTLY USED ITEMS** can be brought to the church and we will deliver them to Susie's Closet. (Susie's Closet is part of Network Medical Women's Center of Santa Barbara.) Keep the list in mind when you are at garage sales, or cleaning out your own garage or storage space!

MOST URGENT NEEDS:

infant head supports
front pack baby carriers
bouncy seats
potty seats
changing pads
nursing covers
pack and plays
strollers (single or double)

OTHER NEEDS:

board books
Easy Reader books
baby girl newborn clothes
soft shoes for baby 0-5
size 3/4 boy toddler clothes
baby bath towels
baby booties
toddler socks

If you would like to make a **monetary donation** towards the purchase of some of these urgently needed items to help women and children in our community, please donate to SAOC, earmarked "**Women's Fellowship Service Project.**"

Contact Terri Speier if you have questions. (stspeier@cox.net)

FINANCIAL UPDATE

July & August 2023

	<u>Actual Income</u>	<u>Budget Goal</u>	
Tithes received in July	\$ 51,040	\$ 57,461	(includes \$20,555 for mortgage)
Tithes received in August	\$ 60,347	\$ 57,461	(includes \$20,555 for mortgage)
Tithes received Jan.-August	\$417,590	\$459,688	(includes \$164,440 for mortgage)
July Temple donations	\$ 3,350		
August Temple donations	\$ 8,369		
Jan.-August Temple donations	\$ 163,026		
Temple Fund Balance	\$ 558,045		
Total General Operating expenses Jan– August		\$ 497,432	
Total General Operating income Jan.– August		<u>\$ 484,123</u>	
DEFICIT for first 8 months		\$ 13,309	

CELEBRATIONS THIS WEEK

Birthdays

- 10/22 Kyle Petersilia
- 10/24 Fr. Jon Braun, Garrett Gish, Subdn. Stephen Butler
- 10/25 Justin Brunner
- 10/27 Ben Hedges, Lizabeth Hoppe
- 10/28 Penny Brunner

Patronal Feast Days

- 10/23 St. James, Brother of the Lord
Jacob Wallace, Jim Morrison, Richard Barre
- 10/28 St. Paraskeva the Martyr Penny Brunner

UPCOMING SCHEDULE FOR ADVENT

Advent begins on November 15th

There will be no Advent Seminar since this was a Sacred Arts Festival year.

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| Advent Paraklesis | Wednesdays at 6:00 p.m. (Nov. 15 & 29, Dec. 13 & 20) |
| Feast of Presentation of the Theotokos | Monday, November 20
5:30 p.m. Matins followed by Divine Liturgy |
| Thanksgiving Akathist | Wednesday, November 22 at 6:00 p.m. |
| Thanksgiving Day Liturgy | Thursday, November 23 at 8:30 a.m. |
| St. Nicholas Vespers | Wednesday, December 6 at 6:00 p.m. |
| St. Nicholas Family Night | Friday, December 8 at 7:00 p.m. |

Due to the fact that the feast of the Nativity falls on a Monday this year, our service schedule will be slightly different than usual:

- Friday, December 22 at 9:00 a.m. Royal Hours of Nativity
- Saturday, December 23 at 5:30 p.m. Great Vespers of Nativity Eve
- Sunday, December 24 at 9:00 a.m. Matins & Liturgy of Nativity Eve
- Sunday, December 24 at 10:00 p.m. Matins & Liturgy for the Feast of the Nativity

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Adam and Family
Madison E.
Susan W.
David W.

Dave D.
Roman N.
Eloise G.
Jim M.
Wade
Amanda Catherine

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

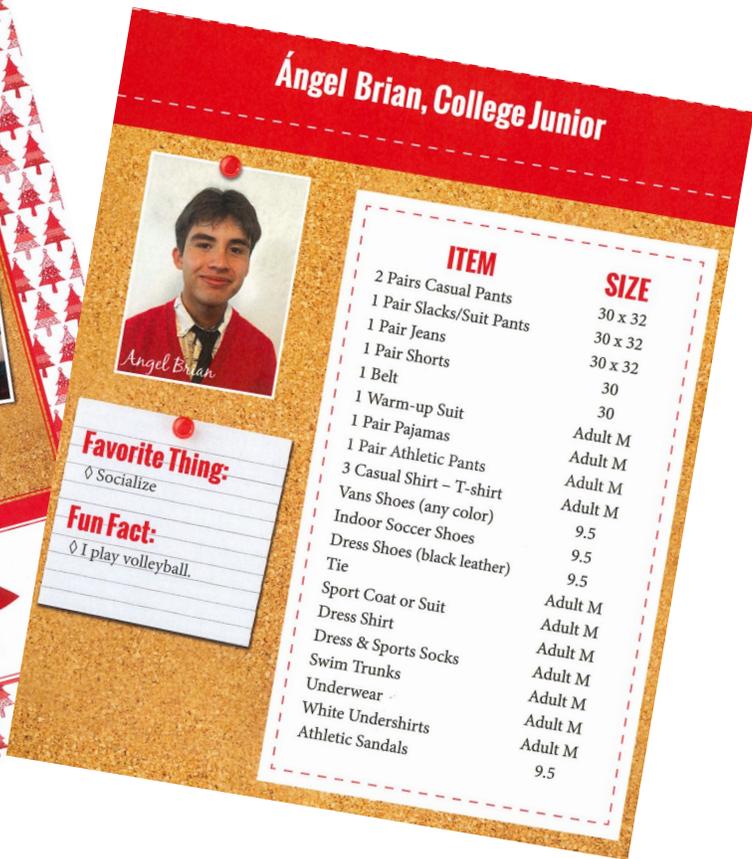
Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Fr. Paul E.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.



This year, our parish will be Angel Brian's Santa's Helper. He grew up at St. Innocent Orphanage in Mexico, and now is in their transitional program for young men who are in college or trade school.

If you would like to provide one of the items on Angel Brian's wish list, please use this link to go to the online sign-up list.

<https://bit.ly/SantasHelpers2023>

Please be sure to download the detailed instructions. All packages need to arrive at Project Mexico by December 1st. Be sure to write "Angel Brian" on every parcel! Questions? See Cheryl Washburn Lander.