



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Lara Jacobs, Chair
Glenn Hoppe, Vice Chair
Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Kristin King
Michael Loulias
Velislava Nikolov

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

July 21, 2024

Tone 3 / Eothinon 4

Fourth Sunday after Pentecost
& Fourth Sunday of Matthew

Righteous Fathers John of Edessa in Mesopotamia &
Simeon of Homs (Emesa), the Fool-for-Christ



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you,
and shall say all manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 3

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 3

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING

Romans. 6:18-23

Brethren, having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me.

GOSPEL READING Matthew 8:5-13

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching Him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And Jesus said to him, "I will come and heal him." But the centurion answered Him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, He marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the Kingdom of Heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

the
Dr HOWARD SHANNON

GOLF

-Tournament-



SEPTEMBER 13TH

GLENN ANNIE GOLF CLUB

DINNER & AUCTION

www.stathanasius.org

BUILDING UPDATE

This year is our 13th annual event!

We are truly blessed for the years you have donated to our building fund and the accomplishments we have made. Funds raised over the last few years have gone to completing the fellowship hall, classrooms for the children, finishing our kitchen, and patio.

This year, our work will focus on raising money for our Temple Project.

Dr. Howard Shannon's dream was to see the project through to completion. Together we can fulfill his dream and support the church.

IMPORTANT INFO

SPACE IS LIMITED!

We sold out last year and expect to do the same this year

Reservations are not confirmed until
FULL PAYMENT is received.

SPONSORSHIP ART & LOGOS

All sponsor art must be received by August 25th
any art received after the 25th is not guaranteed for print

DINNER & AUCTION

The dinner is an ADULT ONLY event
Please no children under the age of 18
No tickets will be sold at the door
All tickets must be purchased by Sept. 11th
Including confirming all dinner guests names

GOLF

If you have a Junior Golfer that plays on a
High School or Club Team that wants to participate,
please contact us!

We look forward to seeing you there!

If you have any questions, please reach out to our committee at

golf@stathanasius.org

FOR MORE INFO VISIT
www.stathanasius.org

ANNOUNCEMENTS

Fr. Symeon will be away July 22-26 at the Archdiocese Clergy Conference.

PLEASE NOTE: There will be no Tuesday Vespers or Wednesday Akathist this week because Fr. Symeon will be away.

THIS SUMMER, WE WILL BE ASSEMBLING A NEW PHOTO DIRECTORY of all active parish members. If you have a family photo of high quality/resolution, taken within the past six months, please send it to Valerie at valerie@stathanasius.org. (Please, no selfies and no sunglasses.) If you would like to have a photo taken, Nataliya Tinyayeva will be available on several Sundays after the liturgy in the next few months. Watch for a link to a sign-up list to have her take your photo. Single adults and families without young children at home may choose to use their photo from our 2022 directory. If you don't remember what your photo looked like in the last directory, a link will be sent for you to view the directory online.

SAVE THE DATE!

Thursday, August 22nd at 6:00 p.m.

(Daily Vespers at 5:30 p.m.)

END-OF-SUMMER

FAMILY NIGHT

Pizza, Salad, Ice-cream, Music, FUN!

UPCOMING FEAST DAY SERVICES

THE TRANSFIGURATION OF OUR LORD

Monday, August 5 5:30 p.m. Festal Matins
6:15 p.m. Festal Liturgy

THE DORMITION OF THE THEOTOKOS

Wednesday, August 14 5:30 p.m. Festal Vespers/Lamentations
6:30 p.m. Festal Liturgy

THE NATIVITY OF THE THEOTOKOS

Sat./Sun. Sept. 7-8 Regular weekend service times

THE FEAST OF THE ELEVATION OF THE CROSS

Saturday, September 14 9am Festal Matins/10am Festal Liturgy

CELEBRATIONS THIS WEEK

Wedding Anniversaries

7/27 Zach & Sarah Brasel

Birthdays:

7/21 Renley Marie Rascon, Athena Wayne

7/25 Connor Clements, Logan Strait

7/26 Paulo Carralejo

Patron Saint Feast Days

7/22 St. Mary Magdalene Megan Speier, Mary Wolfington

7/24 St. Christina Kaya Christine Heiduk, Christie Robinson,

Christina Shackelford, Kristin King

7/25 St. Anna (her Dormition) Anna Grace Butler

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.
Please pray for the health of:**

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Mathias in Tanzania (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Temmo K.
Sarah B..
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Amanda Catherine
Penny B.
Kh. Peggy K.
Amanda, Chris & Baby James
Benny & Michelle M.
Chala Family
Kh. Janet Henderson
Stephanie Maly
Nikolov Family
Michael
Audrey D.
Eric J.
Jason T.
Michael J.
Bruce
Monica

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Kevin Duke
Isaak Lau
Matthew, Ashley and Ryan McCauley
Brennan Pawley
Logan Strait
Ethan Salcedo
Logan Strait

For repose of the souls of: Evonne C., Fr. James B.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, July 21

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

**Fr. Symeon will be away
July 22-26 at the
Archdiocese Clergy Conference.**

Monday, July 22

7:00 a.m. Daily Reader's Matins
4:45 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, July 23

NO VESPERS

Wednesday, July 24

7:00 a.m. Daily Reader's Matins
12:00 p.m. St. Xenia Prayer Ministry at the church

NO AKATHIST

Thursday, July 25

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

NO YOUTH GROUP

Friday, July 26

7:00 a.m. Daily Matins (Fr. Symeon will be gone.)

Saturday, July 27

5:30 p.m. Great Vespers/Confessions

Sunday, July 28

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 21	Dn. G. Braun
July 28	Meyer
August 4	Morrison
August 5	Kern
August 11	Hoppe

READERS

July 21	Gish
July 28	Meyer
August 4	Kern
August 5	Butler
August 11	Alexander

GREETERS

July 21	G. Hoppe
July 28	K.P. King
August 4	M. Loulias
August 11	L. Baker

USHERS

July 21	D. Washburn/D. Alexander
July 28	M. Loulias/K.L. King
August 4	P. King/J. King
August 11	S. Speier/C. Speier

AGAPE MEAL HOSTS

July 21	Team Loulias/Cocores
July 28	Team Wayne
August 4	Team Lander
August 11	Kawahara

the
Dr HOWARD SHANNON

GOLF

-Tournament-

SPONSORS & TICKETS

All golfers receive Lunch, Dinner, & Entry into Putting Contest

PLEASE REGISTER BY Sept 8, 2024

www.stathanasius.org

CORPORATE SPONSOR: \$10,000

Premier advertising throughout tournament, special recognition at the dinner, 4 golfers and a reserved table for 10 for dinner

DIAMOND SPONSOR: \$5,000

Advertising at tournament, 4 golfers (includes dinner)
& 4 additional dinner guests

PLATINUM SPONSOR: \$2,500

Advertising at tournament, 2 golfers (includes dinner)
& 2 additional dinner guests

GOLD SPONSOR: \$1,000

Shared advertising at a hole
Includes 1 golfer & 1 additional dinner guest

SILVER SPONSOR: \$500

Shared advertising at a hole - Includes 2 dinner guests

FOURSOME: \$750

Includes lunch and dinner

SINGLE GOLFER: \$195

Includes lunch and dinner

DINNER ONLY: \$85

Dinner, auction, music & fun!

Early Bird Pricing

Pricing after Sept. 1st **\$100**

DAY OF EVENTS

10AM REGISTRATION

Check in, grab lunch and buy some mulligans!
Entry into the putting contest is **Free!**

Sign up for other contests during registration
Hole in one, Closest to the pin, Longest Drive
Prizes for both Men & Women!

11:30AM PUTTING CONTEST

Qualify to win \$2500 before the tournament!
Qualifications end at 11:00!

12PM SHOTGUN START

Take a swing and play from the best ball!

5PM DINNER & AUCTION

Dinner, Music, Drinks and Silent Auction!