



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)  
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2023-2024**

Lara Jacobs, Chair  
Glenn Hoppe, Vice Chair  
Dan Braun, Treasurer  
Asia Ballew, Secretary  
Dominic Dopico  
Kristin King  
Michael Loulias  
Velislava Nikolov

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

July 28, 2024

**Tone 4 / Eothinon 5; Fifth Sunday after Pentecost  
& Fifth Sunday of Matthew**  
Prochorus, Nicanor, Timon and Parmenas, Deacons  
and Apostles of the Seventy



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you,  
and shall say all manner of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after  
The Little Entrance:**

**Troparion of the Resurrection**

**Tone 4**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Troparion to St. Athanasius**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

## TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm verses before the Epistle

Tone 4

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)  
Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

## EPISTLE READING

### Romans 10:1-10

Brethren, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

## Alleluia Refrain and Psalm verses before the Gospel

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

## GOSPEL READING

### Matthew 8:28-9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

## Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

**Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

*the*  
Dr HOWARD SHANNON

# GOLF

*-Tournament-*



**SEPTEMBER 13TH**

GLENN ANNIE GOLF CLUB

**DINNER & AUCTION**

[www.stathanasius.org](http://www.stathanasius.org)

## **BUILDING UPDATE**

This year is our 13th annual event!

We are truly blessed for the years you have donated to our building fund and the accomplishments we have made. Funds raised over the last few years have gone to completing the fellowship hall, classrooms for the children, finishing our kitchen, and patio.

This year, our work will focus on raising money for our Temple Project.

Dr. Howard Shannon's dream was to see the project through to completion. Together we can fulfill his dream and support the church.

# IMPORTANT INFO

## SPACE IS LIMITED!

We sold out last year and expect to do the same this year  
Reservations are not confirmed until  
FULL PAYMENT is received.

## SPONSORSHIP ART & LOGOS

All sponsor art must be received by August 25th  
any art received after the 25th is not guaranteed for print

## DINNER & AUCTION

The dinner is an ADULT ONLY event  
Please no children under the age of 18  
No tickets will be sold at the door  
All tickets must be purchased by Sept. 11th  
Including confirming all dinner guests names

## GOLF

If you have a Junior Golfer that plays on a  
High School or Club Team that wants to participate,  
please contact us!

**We look forward to seeing you there!**

If you have any questions, please reach out to our committee at

[golf@stathanasius.org](mailto:golf@stathanasius.org)

FOR MORE INFO VISIT  
[www.stathanasius.org](http://www.stathanasius.org)

## **ANNOUNCEMENTS**

**FR. SYMEON WILL BE AWAY** from July 30-August 5 with our mission team, building a home in Mexico.

**PLEASE NOTE:** There will be no Tuesday Vespers or Wednesday Paraklesis this week because Fr. Symeon will be away.

**PLEASE PRAY FOR OUR MISSION TEAM** as they head to Mexico to build a home for a Mexican family. Pray for their safety and that all involved will be blessed. (Team members are: Fr. Symeon, Jim Morrison, Paul Carr, Nikolay Nikolov, Zac Wood, Niko Halsell)

**ST. INNOCENT ORPHANAGE'S School Buddies program needs supplies for the upcoming school year.** They have registered for a wide variety of supplies on Amazon. If you would like to help, it is very easy to make a gift of school supplies through their Gift List here:

<https://www.amazon.com/registries/gl/guest-view/B3PYKNUBO8FN>

**THIS SUMMER, WE WILL BE ASSEMBLING A NEW PHOTO DIRECTORY of all active parish members.** If you have a family photo of high quality/resolution, taken within the past six months, please send it to Valerie at [valerie@stathanasius.org](mailto:valerie@stathanasius.org). (Please, no selfies and no sunglasses.) If you would like to have a photo taken, Nataliya Tinyayeva will be available on several Sundays after the liturgy in the next few months. Watch for a link to a sign-up list to have her take your photo. Single adults and families without young children at home may choose to use their photo from our 2022 directory. If you don't remember what your photo looked like in the last directory, a link will be sent for you to view the directory online.

### **SAVE THE DATE!**

**Thursday, August 22nd at 6:00 p.m.**

**(Daily Vespers at 5:30 p.m.)**

**END-OF-SUMMER FAMILY NIGHT**

**Pizza, Salad, Ice-cream, Music, FUN!**



**THE DORMITION FAST**

**BEGINS ON AUGUST 1st**

and ends after we receive the Eucharist at the  
Divine Liturgy for the Feast of the Dormition.

**UPCOMING FEAST DAY SERVICES**

**THE TRANSFIGURATION OF OUR LORD**

Monday, August 5                      5:30 p.m. Festal Matins  
6:15 p.m. Festal Liturgy

**THE DORMITION OF THE THEOTOKOS**

Wednesday, August 14              5:30 p.m. Festal Vespers/Lamentations  
6:30 p.m. Festal Liturgy

**THE NATIVITY OF THE THEOTOKOS**

Sat./Sun. Sept. 7-8                  Regular weekend service times

**THE FEAST OF THE ELEVATION OF THE CROSS**

Saturday, September 14            9am Festal Matins/10am Festal Liturgy

***CELEBRATIONS THIS WEEK***

**Birthdays**

- 7/29 Douglas Meyer
- 7/30 Emily King, Nikolai Rice
- 8/3 David Vander Laan

**Patronal Feast Days**

- 8/3 St. Lydia, Seller of the Purple Cloth - Lydia Sieck

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).  
Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Mathias in Tanzania (OCMC)  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Greg & Margaret Y.  
Hoppe Family in Albania (OCMC)  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Bob N.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Temmo K.  
Sarah B..  
Dn. John & Fay Y.  
Samantha & Chris N. & Family  
Wade  
Amanda Catherine  
Penny B.  
Kh. Peggy K.  
Amanda, Chris & Baby James  
Benny & Michelle M.  
Chala Family  
Kh. Janet Henderson  
Stephanie Maly  
Nikolov Family  
Michael  
Audrey D.  
Eric J.  
Jason T.  
Michael J.  
Bruce  
Monica

For the local agencies and their leaders who are working to fight human trafficking.  
  
The Ethiopian Orthodox Church  
  
All those suffering and in danger in Ukraine, Africa, and the Middle East  
  
Please pray for the raising up and support of long-term missionaries from our parish.

**OUR CATECHUMENS:**

Karti Adimulam  
Kevin Duke  
Isaak Lau  
Matthew, Ashley and Ryan McCauley  
Brennan Pawley  
Logan Strait  
Ethan Salcedo  
Logan Strait

**For repose of the souls of:** Evonne C., Fr. James B.

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\* **ST. ATHANASIUS CHURCH BOOKSTORE** \*  
\* The church bookstore is located in the foyer of our building. The tables and two enclosed \*  
\* cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, \*  
\* prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book ti- \*  
\* tle. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jew- \*  
\* elry such as a cross or chain. **You can contact Terri at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org).** \*  
\* Payment should be made at time of purchase and placed in the brown lockbox on wall next \*  
\* to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore.** \*  
\* The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) \*  
\* **All proceeds go to the parish Temple Fund.** \*  
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## CALENDAR FOR THE WEEK

### Sunday, July 28

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Agape Meal  
12:15 p.m. Choir Rehearsal

### Monday, July 29

7:00 a.m. Daily Reader's Matins  
4:45 p.m. St. Xenia Prayer Ministry by Zoom

### Tuesday, July 30

**NO VESPERS**

### Wednesday, July 31

7:00 a.m. Daily Reader's Matins  
12:00 p.m. St. Xenia Prayer Ministry at the church  
**NO PARAKLESIS**

### Thursday, August 1—DORMITION FAST BEGINS

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Choir Rehearsal  
**NO YOUTH GROUP**

### Friday, August 2

7:00 a.m. Daily Reader's Matins  
(Fr. Symeon will be gone.)

### Saturday, August 3

5:30 p.m. Great Vespers/Confessions

### Sunday, August 4

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Agape Meal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

July 28 Meyer  
August 4 Morrison  
August 5 Kern (Transfiguration—Mon.)  
August 11 Jacobs  
August 14 Hoppe (Dormition—Wed.)  
August 18 Dillon

### READERS

July 28 Meyer  
August 4 Kern  
August 5 Butler (Transfiguration—Mon.)  
August 11 Alexander  
August 14 Gish (Dormition—Wed.)  
August 18 Lange

### GREETERS

July 28 K.P. King  
August 4 M. Loulias  
August 11 L. Baker  
August 18 H. Lange

### USHERS

July 28 M. Loulias/K.L. King  
August 4 P. King/J. King  
August 11 S. Speier/C. Speier  
August 18 D. Meyer/D. Washburn

### AGAPE MEAL HOSTS

July 28 Team Wayne  
August 4 Team Lander  
August 11 Kawahara  
August 18 Team King

**FR. SYMEON WILL BE AWAY  
JULY 30-AUGUST 5  
WITH OUR MISSION TEAM,  
BUILDING A HOME IN MEXICO.**

*the*  
Dr HOWARD SHANNON

# GOLF

*-Tournament-*

## SPONSORS & TICKETS

All golfers receive Lunch, Dinner, & Entry into Putting Contest

PLEASE REGISTER BY Sept 8, 2024

[www.stathanasius.org](http://www.stathanasius.org)

### CORPORATE SPONSOR: \$10,000

Premier advertising throughout tournament, special recognition at the dinner, 4 golfers and a reserved table for 10 for dinner

### DIAMOND SPONSOR: \$5,000

Advertising at tournament, 4 golfers (includes dinner)  
& 4 additional dinner guests

### PLATINUM SPONSOR: \$2,500

Advertising at tournament, 2 golfers (includes dinner)  
& 2 additional dinner guests

### GOLD SPONSOR: \$1,000

Shared advertising at a hole  
Includes 1 golfer & 1 additional dinner guest

### SILVER SPONSOR: \$500

Shared advertising at a hole - Includes 2 dinner guests

### FOURSOME: \$750

Includes lunch and dinner

### SINGLE GOLFER: \$195

Includes lunch and dinner

### DINNER ONLY: Early Bird Pricing \$85

Dinner, auction, music & fun! Pricing after Sept. 1st \$100

## DAY OF EVENTS

### 10AM REGISTRATION

Check in, grab lunch and buy some mulligans!  
Entry into the putting contest is **Free!**

Sign up for other contests during registration  
Hole in one, Closest to the pin, Longest Drive  
Prizes for both Men & Women!

### 11:30AM PUTTING CONTEST

Qualify to win \$2500 before the tournament!  
Qualifications end at 11:00!

### 12PM SHOTGUN START

Take a swing and play from the best ball!

### 5PM DINNER & AUCTION

Dinner, Music, Drinks and Silent Auction!