



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Sydney Hedges
Kristin King
Michael Loulias
Velislava Nikolov
Cheryl Washburn-Langer

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM September 1, 2024 Tone 1 / Eothinon 10



**Beginning of the Indiction:
Ecclesiastical New Year**

Righteous Simeon
the Stylite;

Synaxis of the Theotokos at
Miasinae

WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

HYMNS SUNG AT THE LITTLE ENTRANCE:

Troparion of the Resurrection

Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion for Indiction

Tone 2

O Creator of the Universe,
You appointed times by Your own power;
bless the crown of this year with Your goodness, O Lord!
Preserve in safety Your rulers and Your cities://
and through the intercessions of the Theotokos, save us!

Troparion for the Synaxis of the Theotokos in Miasenga Monastery **Tone 1**

Rejoice, O Virgin Theotokos, full of grace,
Haven and protection of the human race;
For from you the Redeemer of the world became incarnate;
For you alone are Mother and Virgin, ever blessed and gloried.
Intercede with Christ God that peace be granted to all the inhabited world!

Troparion for St. Simeon the Stylite**Tone 1**

You were a pillar of patient endurance,
having imitated the Forefathers, O Venerable One:
Job in suffering and Joseph in temptations.
You lived like the bodiless ones while yet in the flesh, O Simeon, our Father.//
Beseech Christ God that our souls may be saved!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for Indiction**Tone 4**

O Creator and Master of time and the ages,
Triune and Merciful God of all:
grant blessings for the course of this year,
and in Your boundless mercy save those who worship You and cry out in fear://
“O Savior, grant blessings to all mankind!”

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 3**

Great is our Lord, and abundant in power, / His wisdom is beyond measure. (*Ps. 146:5*)

V. Praise the Lord! For it is good to sing praises to our God! (Ps. 146:1)

EPISTLE READING (for Indiction)

Timothy 2:1-7

Timothy, my son, first of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all men, for kings and all who are in high positions, that we may lead a quiet and peaceable life, godly and respectful in every way. This is good, and it is acceptable in the sight of God our Savior, Who desires all men to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, Who gave Himself as a ransom for all, the testimony to which was borne at the proper time. For this I was appointed a preacher and apostle (I am telling the truth, I am not lying), a teacher of the Gentiles in faith and truth.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 8

Alleluia, Alleluia, Alleluia

V. Praise is due to You, O God, in Zion, and to You shall vows be performed. (Ps. 64:1)

V. Bless the crown of the year with Your goodness, O Lord! (Ps. 64:12a)

GOSPEL READING (for Indiction)

Luke 4:16-22

At that time, Jesus came to Nazareth, where He had been brought up; and He went to the synagogue, as His custom was, on the Sabbath day. And He stood up to read; and there was given to Him the book of the prophet Isaiah. Jesus opened the book and found the place where it was written, "The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor and to heal the broken hearted. He has sent Me to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord." And Jesus closed the book, and gave it back to the attendant, and sat down; and the eyes of all in the synagogue were fixed on Him. And He began to say to them, "Today this Scripture has been fulfilled in your hearing." And all spoke well of Him, and wondered at the gracious words which proceeded out of His mouth.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Bless the crown of the year with Thy goodness, O Lord. (Ps. 64:12) Alleluia, Alleluia, Alleluia!

After "Blessed be the Name of the Lord," we will pray the "Service of Supplication on the First Day of the New Year."

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, “*Father, bless.*” After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into “the world.” If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

FALL 2024 ADULT CATECHISM CLASSES

On Saturdays from 3-5 p.m.

September 28 - Session 1

“The Life in Christ by Faith: The Trinity, Apostolic Tradition, and Scripture”

October 5 - Session 2

“A Life of Repentance and Holiness”

October 19 - Session 3

“The Realm of Redemption: The Church and Its Sacraments”

November 2 - Session 4

“Seeing and Living in the Beauty, Truth and Wisdom of God”

November 9 - Session 5

“The Age to Come: The Second Coming, the Saints”

THE DIOCESE OF LOS ANGELES AND THE WEST

WELCOMES ITS NEW BISHOP

All Clergy and Laity of the Diocese are Invited
To Help Receive Bishop Anthony Formally

Tuesday, Sep. 3, 2024

7:00 pm Great Vespers, Artoklasia
Bishop's Message
Reception

Wednesday, Sep. 4, 2024

9:30 am Matins
10:30 am Hierarchical Divine Liturgy
Coffee Reception
Clergy Lunch and Meeting

St. Nicholas Cathedral

2300 W. 3rd St. • Los Angeles, CA 90057



All events are free, but the favor
of your reply will help us plan for
the reception after Vespers.

Scan the QR code, above,
or enter the following link:

<https://bit.ly/WelcomeBishop>

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

ANNOUNCEMENTS

WE ARE BACK TO OUR SCHEDULE OF DOING EITHER AN AKATHIST OR THE PARAKLESIS on Wednesdays at 5:30 p.m. This Wednesday we will pray the Akathist: “Queen of All, Healer of Cancer.”

SOME RECENT ARTICLES BY OUR HIERARCH, METROPOLITAN SABA:

- Your Grace Transforms the Universe, Part One <https://www.antiochian.org/regulararticle/2153>
- Your Grace Transforms the Universe, Part Two <https://www.antiochian.org/regulararticle/2159>
- Your Grace Transforms the Universe, Part Three <https://www.antiochian.org/regulararticle/2161>

UPCOMING FEAST DAY SERVICES

THE NATIVITY OF THE THEOTOKOS

Sat./Sun. Sept. 7-8 Regular weekend service times

THE FEAST OF THE ELEVATION OF THE CROSS

Saturday, September 14 9am Festal Matins/10am Festal Liturgy

CELEBRATIONS THIS WEEK

Wedding Anniversaries

9/5 Dn. John and Fay Young

Birthdays

9/1 Paul Carr
9/2 Benjamin Ballew
9/3 Bob Gundersen
9/4 Richard Ballew
9/6 Obadiah Robinson
9/7 Cheyenne Braun, Suzi Wiley

Patronal Feast Days

9/1 Holy Virgin Martyr Penelope Penny Cocores

9/5 St. Elizabeth, Mother of John the Baptist

Elizabeth Ballew	Atalia Finley	Elizabeth Heiduk
Lara Jacobs	Elleney Gish	Kh. Peggy King
Jane Meyer	Terri Speier	Salem Vander Laan

9/5 St. Zachariah, Father of John the Baptist Zachary Nikolov, Zachary Wood



THE CLOCK IS TICKING!

Only 2 weeks to the
HOWARD SHANNON GOLF TOURNAMENT!
Friday, September 13, 2024

SPOTS FOR GOLFING ARE SOLD OUT.

- The price for the dinner increases from \$85 to \$100 TOMORROW — **September 2nd. So you can still purchase today for \$85.**
- The **deadline** for purchasing dinner tickets is **September 8th.**

Please consider supporting our once-a-year fundraiser in one or more of the following ways:

- Consider supporting Fr. Nicholas' Hole #10 Fundraiser or the Dn. Richard Easbey Putting Contest
- Attend the dinner and auction. (**Sept. 8 deadline.**)

For more details and to donate or register, go to:
<https://www.stathanasius.org/events/2024-golf-tournament/>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.
Please pray for the health of:**

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Mathias in Tanzania (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Temmo K.
Sarah B..
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Amanda Catherine
Penny B.
Kh. Peggy K.
Amanda, Chris & Baby James
Benny & Michelle M.
Chala Family
Kh. Janet Henderson
Stephanie Maly
Nikolov Family
Michael
Audrey D.
Eric J.
Jason T.
Michael J.
Bruce
Monica
Jake

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Kevin Duke
Greg & Miki Hammel
Isaak Lau
Matthew, Ashley and Ryan McCauley
Brennan Pawley
Logan Strait
Ethan Salcedo

For repose of the souls of:

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of our building. The tables and two enclosed *
* cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, *
* prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book ti- *
* tle. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jew- *
* elry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.** *
* Payment should be made at time of purchase and placed in the brown lockbox on wall next *
* to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore.** *
* The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Temple Fund.** *

CALENDAR FOR THE WEEK

Fr. Nicholas is away until August 27th.

Sunday, September 1—INDICTION

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal

Monday, September 2

7:00 a.m. Daily Reader's Matins
4:45 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, September 3

5:30 p.m. Daily Vespers

Wednesday, September 4

7:00 a.m. Daily Reader's Matins
12:00 p.m. St. Xenia Prayer Ministry at the church
5:30 p.m. Akathist—Queen of All, Healer of Cancer

Thursday, September 5

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group
6:00 p.m. Choir Rehearsal

Friday, September 6

7:00 a.m. Daily Matins (with a priest)

Saturday, September 7

5:30 p.m. Great Vespers/Confessions

Sunday, September 8—BIRTH OF THE THEOTOKOS

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 1 Fr. Nicholas
September 8 Dn. Gary
September 15 Jacobs
September 22 Kern

READERS

September 1 Butler
September 7 Alexander (Vespers)
September 8 Gish
September 14 Lange (Feast of the Cross)
September 15 Meyer
September 22 Kern

GREETERS

September 1 K.P. King
September 8 M. Loulias
September 15 L. Baker
September 22 H. Lange

USHERS

September 1 P. King/J. King
September 8 S. Speier/C. Speier
September 15 D. Meyer/D. Washburn
September 22 M. Loulias/D. Alexander

AGAPE MEAL HOSTS

September 1 Team Speier
September 8 Team Halsell
September 15 Team Worthington
September 22 Team Aviles/Wood

