



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dan Braun, Treasurer
Asia Ballew, Secretary
Dominic Dopico
Sydney Hedges
Kristin King
Michael Loulias
Velislava Nikolov
Cheryl Washburn-Lander

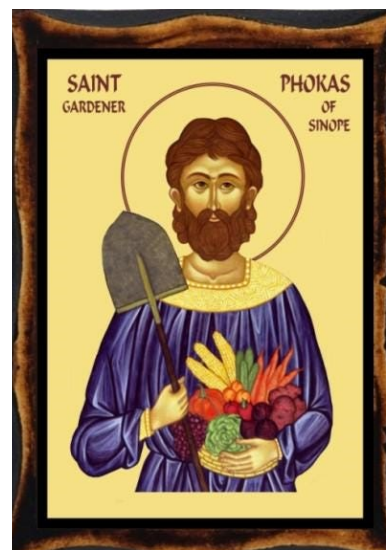
Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**DIVINE LITURGY OF
ST. JOHN CHRYSOSTOM
September 22, 2024
Tone 4 / Eothinon 2
Thirteenth Sunday after Pentecost
& First Sunday of Luke
Hieromartyr Phocas, Bishop of Sinope;
Apostle Quadratos of the Seventy;
Martyr Phocas the Gardener**



**WELCOME TO OUR
VISITORS!**

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.
“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR
AT THE LITTLE ENTRANCE,
WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 4

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for St. Phocas, Bishop of Sinope

Tone 4

By sharing in the ways of the Apostles,
you became a successor to their throne.
Through the practice of virtue, you found the way to divine contemplation,
O inspired one of God;
by teaching the word of truth without error, you defended the Faith,
even to the shedding of your blood.//
O Hieromartyr Phocas, entreat Christ God to save our souls!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING**1 Corinthians 16:13-24**

Brethren, be watchful, stand firm in your faith, be courageous, and be strong. Let all that you do be done in love. Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicus, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men. The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings. Greet one another with a holy kiss. I, Paul, write this greeting with my own hand. If anyone has no love for the Lord, let him be accursed. Our Lord, come! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.

Alleluia Refrain and Psalm verses before the Gospel**Tone 4**

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

GOSPEL READING Luke 5:1-11

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

ANNOUNCEMENTS

A HUGE THANK YOU to all who contributed to the success of this year's Howard Shannon Golf Tournament, including all who donated funds or auction items, volunteered the day of the tournament, golfed and/or attended the dinner and auction. We will have a report soon on the proceeds. Funds are actually still coming in. We anticipate it will be VERY good news!!

VERY SPECIAL THANKS to our hard-working Golf Tournament Committee:
Dr. Scott Speier (Chair), Terri Speier (Auction Chair), Jami Stetler, Angel Speier, Dorian Florez, and Chris Robinson.

THERE WILL BE A POST-TOURNAMENT SALE TODAY DURING THE AGAPE MEAL of a few items remaining from our Silent Auction.

THANK YOU to all who have donated towards our icon project, which includes four icons and two new wooden stands for on the floor in front of the ambon (platform where the altar and iconostasis are) The project is now fully funded!

SUNDAY RELIGIOUS EDUCATION BEGINS ON OCTOBER 6!

Catechesis of the Good Shepherd (Atrium) for children ages preschool-6th grade begins Sunday, October. 6. All three levels will meet from 9:00-10:00 a.m. on Sunday mornings.

Level I - Ages 3 (by Sept 1) through Kindergarten
Level II - Grades 1-3
Level III - Grades 4-6

If your child has not yet attended please contact the following catechists for a tour or just to let us know you'll be bringing them.

CATECHISTS:

Level I - Ages 3 (by Sept 1) through Kindergarten *Cheryl Fisher (805) 708-1798*
Level II - Grades 1-3 *Joanne Gish (805) 729-3443*
Level III - Grades 4-6 *Jane Meyer (805) 680-2140*

If you would like to receive the parish weekly e-mail reminders,
please send your e-mail address to: valerie@stathanasius.org.

If you are an active member and are not getting
at least one e-mail per week,
please check your SPAM folder.
Some e-mail providers block bulk e-mail programs.

Dearest St. Athanasius Parish Family,

We are relocating to northern Idaho for a 'season' to complete our Ballew family property development project. We ask for your prayers! We'll be coming back to Santa Barbara often for business, family and friends.

We send our love and deep gratitude to all of you. And we welcome visitors!

If you would like our Idaho address, please contact Lisa or the church office.

In Christ,

Lisa and Richard Ballew



FALL 2024 ADULT CATECHISM CLASSES On Saturdays from 3-5 p.m.

September 28 - Session 1

“The Life in Christ by Faith: The Trinity, Apostolic Tradition, and Scripture”

October 5 - Session 2

“A Life of Repentance and Holiness”

October 19 - Session 3

“The Realm of Redemption: The Church and Its Sacraments”

November 2 - Session 4

“Seeing and Living in the Beauty, Truth and Wisdom of God”

November 9 - Session 5

“The Age to Come: The Second Coming, the Saints”

**AUTUMN SCHEDULE
of
WEEKDAY LITURGICAL SERVICES**

Monday/Wednesday/Friday (Fridays with a priest serving)	Daily Matins	7:00 a.m.
Tuesday/Thursday	Daily Vespers	5:30 p.m.
Wednesdays	Akathist or Paraklesis	5:30 p.m.
Fridays from 9/27-12/20 (except 10/25 & 11/29)	Divine Liturgy	8:30 a.m.

**WE WILL ALSO CELEBRATE DIVINE LITURGIES
ON THE FOLLOWING DAYS:**

- Wed., Oct 2 7:30 a.m. for St. Andrew the Fool for Christ
- Fri., Oct 18 8:30 a.m. for Apostle and Evangelist Luke
- Sat., Nov. 2 9:00 a.m. for St. Raphael of Brooklyn
- Sat., Nov 9 9:00 a.m. for Nektarios the Wonderworker
- Wed., Nov 13 7:30 a.m. for St. John Chrysostom
- Fri., Nov 22 8:30 a.m. for St. Iakovos of Evia
- Mon., Dec 2 7:30 a.m. for St. Porphyrios of Athos
- Fri., Dec 20 7:30 a.m. for St. Ignatius/St. John of Kronstadt

OTHER DATES TO KEEP IN MIND:

Thursday, October 10th	October Fest Family Night 5:30 p.m.
Saturday, October 12	Diocesan Fall Gathering in Irvine
Wednesday, November 20	Feast of the Presentation of the Theotokos 5:30pm Matins/6:30 Liturgy
Wednesday, November 27	6:00 p.m. Akathist of Thanksgiving
Thursday, November 28	9:00 a.m. Divine Liturgy (Thanksgiving)
Thursday, December 5	6:00 p.m. Vespers for St. Nicholas

CELEBRATIONS THIS WEEK

Birthdays

9/27 Gianni Madrigal, Sherie Shackelford
9/28 Jessica Berari, Dn. John Young

Patronal Feast Days

9/24 St. Thekla the Protomartyr Kh. Jan Finley, Courtney Shannon, Melissa Braun
9/24 St. Silouan the Athonite Levi Denny, Silas Easbey
9/25 St. Sergius of Radonezh Brian Sieck
9/26 St. John the Theologian Douglas Meyer, Johnny Heiduk, Robert Rauchhaus
9/28 St. Jerome Tyson Shackelford

A HUGE THANK YOU TO....

our outgoing Parish Council Members:

Lara Jacobs (President)

and

Glenn Hoppe (Vice President)

who both made an invaluable contribution to the welfare of our parish during their terms on the Parish Council.

May God grant them many years!

JOIN US FOR AN OCTOBER FEST FAMILY NIGHT!

Thursday October 10, 2024

5:30 p.m. on the patio

(Daily Vespers will be moved to 5:00 p.m.)

MENU: Sausage, sauerkraut, potatoes, salad, German chocolate cake, beverage

\$5/person 12 yrs and older

Entertainment TBA!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.
Please pray for the health of:**

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Mathias in Tanzania (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Temmo K.
Sarah B..
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Amanda Catherine
Penny B.
Kh. Peggy K.
Amanda, Chris & Baby James
Benny & Michelle M.
Chala Family
Kh. Janet Henderson
Stephanie Maly
Nikolov Family
Michael
Audrey D.
Eric J.
Jason T.
Michael J.
Bruce
Monica
Jake

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Kevin Duke
Greg & Miki Hammel
Isaak Lau
Matthew, Ashley and Ryan McCauley
Brennan Pawley
Logan Strait
Ethan Salcedo

For repose of the souls of: Theophilus, Maria, Elizabeth

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of our building. The tables and two enclosed *
* cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, *
* prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book ti- *
* tle. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jew- *
* elry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.** *
* Payment should be made at time of purchase and placed in the brown lockbox on wall next *
* to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore.** *
* The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Temple Fund.** *

CALENDAR FOR THE WEEK

Sunday, September 22

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, September 23

7:00 a.m. Daily Reader's Matins
4:00 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, September 24—St. Thekla/St. Silouan

5:30 p.m. Daily Vespers

Wednesday, September 25

7:00 a.m. Daily Reader's Matins
12:00 p.m. St. Xenia Prayer Ministry at the church
5:30 p.m. Akathist
6:30 p.m. Parish Council Meeting

Thursday, September 26

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:45 p.m. High School Youth Group

Friday, September 27

7:00 a.m. Daily Matins (with a priest)
8:30 a.m. Divine Liturgy

Saturday, September 28

3:00 p.m. Adult Catechism
5:30 p.m. Great Vespers/Confessions

Sunday, September 29

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

September 22 Kern
September 29 Hoppe
October 6 Meyer
October 13 Dillon

READERS

September 22 Kern
September 29 Alexander
October 6 TBA
October 13 TBA

GREETERS

September 22 H. Lange
September 29 Hoppe
October 6 K.P. King
October 13 M. Loulias

USHERS

September 22 M. Loulias/D. Alexander
September 29 K.L. King/D. Meyer
October 6 P. King/J. King
October 13 C. Speier/S. Speier

AGAPE MEAL HOSTS

September 22 Team Aviles/Wood
September 29 Team Wayne
October 6 Team Lander
October 13 Team Kawahara

