



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)
Fr. John Carrillo (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair
Kristin King, Vice Chair
Dan Braun, Treasurer
Velislava Nikolov, Secretary
Asia Ballew
Sydney Hedges
Michael Loulias
Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova
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email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Activities Coordinators

Athanasia Ballew
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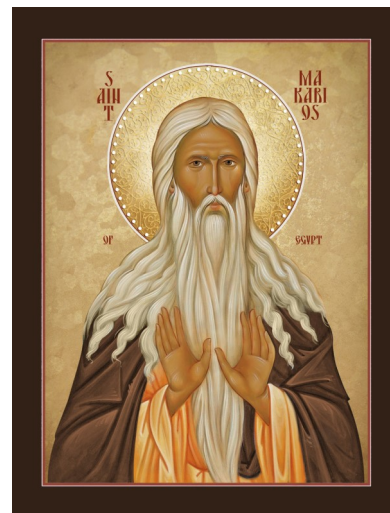
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 19, 2025

Tone 5 / Eothinon 8;

**Twenty-ninth Sunday after Pentecost
& Twelfth Sunday of Luke**

Venerable Makarios the Great of Egypt, the Anchorite
Venerable Makarios of Alexandria;
Arsenius, bishop of Kerkyra;
Venerable Mark Eugenikos, Metropolitan of Ephesus,
Pillar of Orthodoxy



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all
manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns as the clergy enter the altar
during the Little Entrance:**

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,

co-eternal with the Father and the Spirit,

born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh

to suffer death and to raise the dead by His glorious resurrection.

Troparion for St. Makarios

Tone 1

O dweller of the wilderness and angel in the body,

you were a wonderworker, O our God-bearing Father Macarius.

You received heavenly gifts through fasting, vigil and prayer,

healing the sick and the souls of those drawn to you by faith.

Glory to Him Who gave you strength!

Glory to Him Who granted you a crown!

Glory to Him Who grants healing to all!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple**Tone 1**

By Thy Nativity, Thou didst sanctify the Virgin's womb!
And didst bless Simeon's hands, O Christ God.
Now Thou hast come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING**Colossians 3:4-11**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia Refrain and Psalm verses before the Gospel**Tone 5**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; With my mouth
I will make known Thy faithfulness to all generations. (*Ps 88/89:1*)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (*Ps 88/89:2*)

GOSPEL READING

Luke 17:12-19

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into "the world." If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

ANNOUNCEMENTS

WELCOME TO OUR NEWEST CATECHUMENS! Please keep them in your prayers as they begin to prepare to be received into the Orthodox Faith:

- Gianpaul Caceres
- Jacob Feinstein
- Diego Rangel
- Joshua Weiss

ADULT CATECHISM continues for the next 3 weeks on Saturdays from 3-5 p.m.

WE WILL HAVE AN ALL-PARISH MEETING on Sunday, February 16th after the Agape Meal. Please plan to stay for an update on our finances and Land Development planning.

SAVE THE DATE: SATURDAY, MARCH 15, 2025—LENTEN SEMINAR taught by Fr. John Finley—“The Inner Heaven of Man: Healing of the Mind, Heart, and Will according to St. Nikolai of Zica.”

IF YOU HAVE A PROPERTY AVAILABLE FOR RENT, OR KNOW OF ANY AVAILABLE PROPERTIES, please let Fr. Symeon know, in the event that we are contacted by families who have been displaced by the fires and are looking for houses or apartments to rent.

FOR YOUR CONSIDERATION: HELP THE CHURCH TO BREAK EVEN...

- If your family is not on one of our Agape Meal teams, please consider contributing weekly or monthly at the meal to help us cover the costs of supplies. (coffee, creamer, juice, paper goods) If everyone who partakes were to put in \$1 per week, we would cover our costs.
- The cost of bee’s wax candles has increased significantly in the past year. Please consider making a donation in the separate donation box for candles whenever you light one. **THANKS FOR YOUR HELP!**

UPCOMING FEASTS & SPECIAL SERVICES

Feast of the Presentation of Our Lord in the Temple

- Saturday, Feb. 1 -- Great Vespers at 5:30 p.m.
- Sunday, Feb. 2 — Festal Matins/Liturgy at 9:00/10:00 a.m.

Fast-free week—February 10-16

Meatfare Sunday—February 23

Cheesefare Sunday—March 2 (Forgiveness Vespers at 6:00 p.m.)

GREAT LENT BEGINS ON MONDAY, MARCH 3rd.

ADULT CATECHISM SCHEDULE

WINTER 2025

Saturdays from 3-5 p.m.

January 25 - Session 3

“The Realm of Redemption:
The Church and Its Sacraments”

February 1 - Session 4

“Seeing and Living in the Beauty, Truth and Wisdom of God”

February 8 - Session 5

“The Age to Come: The Second Coming and the Saints”

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/20 Fr. Nicholas & Jan Speier

Birthdays

1/19 John Wallace

1/21 Jody Wallace

1/22 Cyrus Brunner

1/24 Fay Young

1/25 Terri Speier

Patronal Feast Days

1/21 St. Maximus the Confessor Dominic Dopico

1/22 Apostle Timothy Timmy Palmer

PARISH PHOTO DIRECTORY

If you are an **ACTIVE parish household or a CATECHUMEN**, you can pick up a copy of the photo directory compiled this past fall. The directories are in alphabetical order in a box right outside Fr. Symeon’s office. If you are not yet an active (communing) member or catechumen, you can ask Fr. Symeon for a copy of the directory. The online version of the directory can be accessed at: <https://www.stathanasius.org/resources/downloads-resources/photo-directory/>

HOUSE BLESSINGS

The priests look forward to this time of year when they bless your homes and have an opportunity to spend time with you. It is a joy for them! Contact one of our priests for an appointment to have your home blessed in January. We traditionally bless homes in January after the Feast of Theophany (January 6), however you can do this at almost any time of the year. If you move into a new home, you may not want to wait until the next time we celebrate Theophany to have your home blessed.

The Preparation for House Blessings

As Christ came to bless and sanctify the waters of the Jordan River and, through them, all of creation, so in this feast will we be blessed by the water that we take from the church to our homes. Now is the time to prepare ourselves and make ready our homes to welcome Christ as an honored guest who will bless every room for our salvation! Especially, prepare your icon corner to have a place for the holy water and blessing cross.

The Use of Holy Water

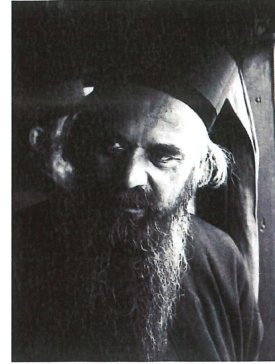
One may ask why people drink the Holy Water at Epiphany. The meaning is revealed in the prayers of the service itself:

Therefore, O King who loves mankind, be present now as when through the descent of Your Holy Spirit and sanctify this water and confer upon it the grace of redemption, the blessing of Jordan. Make it a source of incorruption, a gift of sanctification, a remission of sins, a protection against disease, a destruction to demons, inaccessible to the adverse powers and filled with angelic strength: that all who draw from it and partake of it may it for the cleansing of their soul and body, for the healing of their passions, for the sanctification of their dwellings, and for every purpose that is expedient.

We believe that bread and wine offered to God in the Eucharist is given back to us as the Body and Blood of the Lord for the remission of sins and eternal life, and we can believe that water offered to God at Epiphany is consecrated and given back to us for the cleansing of souls and bodies, for the healing of the passions, for the sanctification of our dwellings, and for every purpose that is expedient!

The Inner Heaven of Man

A one-day Seminar on
The Healing of the Mind, Heart, and Will
according to St. Nikolai of Zica,
the Serbian saint who compiled the Prologue of Ohrid.



Presented by V. Rev. Fr. John Finley
Saturday, March 15, 2025
St. Athanasius Antiochian Orthodox Church
300 Sumida Gardens Ln., Santa Barbara, CA 93111

Schedule

| | |
|------------|---|
| 9:00 a.m. | Divine Liturgy for the Departed (Soul Liturgy) |
| 10:00 a.m. | Coffee Break |
| 10:30 a.m. | Session 1 |
| 11:30 a.m. | Break |
| 11:45 a.m. | Session 2 |
| 1:00 p.m. | Lunch |
| 1:45 p.m. | Session 3 |
| 3:00 p.m. | Break |
| 3:30 p.m. | Great Vespers for Sunday of St. Gregory Palamas |

No registration charge. Please register by March 10, 2025 so that we know how many to plan for.

R.S.V.P. at: <https://bit.ly/LentenSeminar2025>

Free-will donations will be accepted at the seminar to St. Athanasius Orthodox Academy/St. Athanasius College



Fr. John Finley lives in Santa Ynez, California, is a member of St. Athanasius Orthodox Church in Santa Barbara, CA, and has been a field staff member of the Department of Missions and Evangelism of the Antiochian Orthodox Christian Archdiocese of North America since 1996. www.missionsandevangelism.com. He was ordained to the holy priesthood in 1997. He earned a Bachelor of Music degree from Oklahoma Baptist University; a Master of Sacred Theology from St. Athanasius Academy of Orthodox Theology; and a Master of Arts in Musicology from the University of California, Santa Barbara. Fr. John is a music composer and arranger, and the author of both **Sacred Meals** from our *Family Table*, 2005, and **The Inner Heaven of Man: A Companion to the Prologue of Ohrid**, 2024.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.
Please pray for the health of:**

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Gabriel in Kenya (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Hieromonk Siloan
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew & Christina
Steve T.
Temmo K.
Dn. John & Fay Y.
Samantha & Chris N. & Family
Wade
Kh. Peggy K.
Amanda, Chris & Baby James
Kh. Janet Henderson
Phyllis M.
Marta C.
Sonia T.
Jon R.
Penny B.
Eden Rose
Suzanne S.
Jen H.
Randall B.
Michael
Fr. Joseph A.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Karti Adimulam
Gianpaul Caceres
Jacob Feinstein
Isaak Lau
Brennan Pawley
Diego Rangel
Ethan Salcedo
Logan Strait
Joshua Weiss

For repose of the souls of: Fr. Thomas F., Craig W.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, January 19

9:00 a.m. Matins & Catechesis
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Education
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, January 20

7:00 a.m. Daily Readers' Matins
3:00 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, January 21—ST MAXIMUS the Confessor

5:30 p.m. Daily Vespers

Wednesday, January 22

7:00 a.m. Daily Readers' Matins
11:50 a.m. St. Xenia Prayer Ministry (in the chapel)
5:30 p.m. Akathist for St. John Maximovich

Thursday, January 23

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:45 p.m. High School Youth Group

Friday, January 24—ST. XENIA

7:00 a.m. Matins
8:00 a.m. Divine Liturgy for St. Xenia

Saturday, January 25

3:00 p.m. Adult Catechism Session 3
"The Church & its Sacraments"
5:30 p.m. Great Vespers/ Confessions

Sunday, January 26

9:00 a.m. Matins & Catechesis
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Education
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

January 19 Kern
January 26 Fr. Nicholas
February 2 Meyer
February 9 Dn. Gary

READERS

January 18 Kern (St. Athanasius Liturgy)
January 19 Gish
January 26 Lange
February 1 Alexander (Vespers)
February 2 Butler
February 9 Meyer

GREETERS

January 19 K.P. King/L. Baker
January 26 M. Wayne/K.L. King
February 2 A.G. Butler/C. Clements
February 9 M. Loulias/H. Lange

USHERS

January 19 M. Loulias/D. Washburn
January 26 S. Speier/C. Speier
February 2 P. King/J. King
February 9 D. Alexander/K.L. King

AGAPE MEAL HOSTS

January 19 Team Worthington
January 26 Team Aviles/Wood
February 2 Team Wayne
February 9 Team Langer

UPCOMING WEEKDAY LITURGIES at 8:00 a.m.

January

Fri, Jan 24 St. Xenia of St. Petersburg, the fool for Christ
Tue, Jan 28 Righteous Ephraim and Isaac the Syrians
Fri, Jan 31 Cyrus & John the Unmercenaries

February

Tue, Feb 11 St. Theodora the Empress
Fri, Feb 14 Holy Father Auxentius of the Mountain
Thur, Feb 27 St. Ephraim of Katounakia

WEDNESDAYS at 5:30 p.m.

AKATHISTS

& PARAKLESES out in the field by the Cross

January 22 Akathist of St. John Maximovich in the Chapel
January 29 Akathist of St. Paisios of Athos in the Chapel
February 5 Paraklesis in the field outside by the cross
February 12 Akathist of St. Herman of Alaska in the Chapel
February 19 Paraklesis in the field outside by the cross
February 26 Akathist of St. John the Theologian in the Chapel

RESPONSES IN OTHER LANGUAGES

At the encouragement of His Eminence, Metropolitan Saba, during the Divine Liturgy Fr. Symeon is "giving the peace," in a variety of languages and the choir is responding to "Peace be to all," in the corresponding language with "And to thy spirit." These are the languages being rotated each week:

| English | Peace be to all. | And to thy spirit. |
|----------------|---------------------------|---------------------------|
| Arabic | As-sa-la-mu li-ja- í-kum. | Wuh-li wou-ee-kah |
| Greek | E-ray-ney pasi. | Ke-to pnevmati-sou |
| Spanish | La paz sea con vosotros. | Y con tú espíritu |
| Slavonic | Mir fs'em | i so dukhom tw-oim |
| Romanian | Pace tuturor | Și duhului tău. |