



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)
Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
Mary Denny
David Dillon
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRSTOSTOM Sunday, December 13, 2020

Tone 2 / Eothinon 5

Sunday of the Forefathers (Ancestors) of Christ
Herman of Alaska, Enlightener of the Aleuts
Martyrs Eustratios, Auxentios, Eugene, Mardarios,
and Orestes at Sebastia;
Virgin-martyr Lucia of Syracuse;
Hieromartyr Gabriel, Patriarch of Serbia



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, December 13

FOREFATHERS of CHRIST & REPOSE OF ST. HERMAN OF ALASKA

9:00 a.m. Matins
10:00 a.m. Divine Liturgy

Monday, December 14

6:45 a.m. Daily Matins
5:00 p.m. Akathist by Zoom

Tuesday, December 15

12:00 p.m. Finance Committee Meeting
5:30 p.m. Daily Vespers

Wednesday, December 16

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry
6:00 p.m. Advent Paraklesis

Thursday, December 17

9:00 a.m.-Noon Showers of Blessing
7:45 a.m. Akathist by Zoom
5:30 p.m. Daily Vespers

NO YOUTH GROUP

Friday, December 18

6:45 a.m. Daily Matins

Saturday, December 19

NO ADULT STUDY GROUP

6:00 p.m. Great Vespers/Confessions

Sunday, December 20

SUN. BEFORE NATIVITY—GENEALOGY of CHRIST

9:00 a.m. Matins
10:00 a.m. Divine Liturgy

**FR. NICHOLAS WILL BE AWAY FROM
WED. 12/9—FRI. 12/11.**

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

Dec. 13	Sieck
Dec. 20	D. Washburn
Dec. 24	Hedges
Dec. 27	M. Kern
Jan 3	Cocores

READERS

Dec. 13	D. Washburn
Dec. 19	D. Alexander (Vespers)
Dec. 20	M. Braun
Dec. 24	Rdr. J. Butler (Nativity)
Dec. 27	Rdr. V. Gish
Dec. 31	TBA (St. Basil/Circumcision)
Jan. 3	TBA

USHERS

Dec. 13	C. Speier, S. Speier
Dec. 20	D. Washburn, M. Loulias
Dec. 27	P. King, J. King
Jan. 3	C. Berari, D. Meyer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-
come man and wast crucified, O Christ our God, trampling down death by death, who
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow’r,
and when Thou didst raise the dead from beneath the earth,
all the pow’rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion of the Forefathers

Tone 4

Through faith You justified the Forefathers,
betrothing through them the Church of the gentiles.
These saints exult in glory,
for from their seed came forth a glorious fruit:
she who bore You without seed.//
So by their prayers, O Christ God, have mercy on us!

Troparion for St. Herman of Alaska

Tone 4

O blessed Father Herman of Alaska,
North Star of Christ’s Holy Church!
The light of your holy life and great deeds
Guides those who follow the Orthodox way.
Together we lift high the Holy Cross you planted firmly in America.
Let all behold and glorify Jesus Christ,
Singing His holy Resurrection.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity**Tone 3**

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Chanter: Blessed are You, O Lord, God of our fathers, and praised and glorified is
Your name forever.

Verse: For You are just in all that You have done for us.

EPISTLE READING—for the Holy Forefathers**Colossians 3:4-11**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth.

Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia before the Gospel

Tone 4

Alleluia, Alleluia, Alleluia!

V. Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps. 98:6)

V. They called to the Lord and He answered them. (Ps. 98:6)

**GOSPEL READING—for the Holy Forefathers
Luke 14:16-24**

The Lord spoke this parable: “A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, ‘Come; for all is now ready.’ But, one by one, they all began to make excuses. The first said to him, ‘I have bought a field, and I must go out and see it; I pray you, have me excused.’ And another said, ‘I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.’ And another said, ‘I have married a wife, and therefore I cannot come.’ So the servant came and reported this to his master. Then the householder in anger said to his servant, ‘Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.’ And the servant said, ‘Sir, what you commanded has been done, and still there is room.’ And the master said to the servant, ‘Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.’ For many are called, but few are chosen.”

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1*)
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps. 32:1*)
Alleluia, Alleluia, Alleluia!

ANNOUNCEMENTS

- **FR. NICHOLAS WILL BE AWAY FROM WED. 12/9—FRI. 12/11.**
- **FROM THE LENDING LIBRARY TEAM**
The library is coming soon! As the library team works to get the system up and running, you may notice that there are finally books going on the shelves. Please do not take or move library books from the shelves until we are finished processing them! We will make an announcement when it is all ready to go. Thank you for your patience and for all the generous donations that have made this project possible.
- **THE SATURDAY ORTHODOX STUDY GROUP IS ON HOLD UNTIL JANUARY.**
We will announce the new schedule when we are able to resume. Thanks to all who have participated in the class for the past several months!
- **THERE WILL BE NO SUNDAY RELIGIOUS EDUCATION CLASSES or YOUTH GROUP GATHERINGS UNTIL FURTHER NOTICE.**
- **WESTMONT COLLEGE ONLINE CHRISTMAS CONCERT**
In spite of the restrictions imposed upon schools and music programs due to COVID-19, Westmont College has produced and recorded their annual Christmas concert for viewing online. **John Butler was the Audio Engineer responsible for recording and mixing, and he also operated one of the cameras. Justin Sharp and Terrell Armstrong sang in the choir.** For a stunning and joyful Lessons and Carols type of experience, watch the concert at: <https://youtu.be/0sWNI08jL3g>

LITURGICAL CALENDAR — LOOKING AHEAD

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| • Wednesday, December 16 at 6:00 p.m. | Advent Paraklesis |
| • Thursday, December 24
9:00—10:30 a.m. | Royal Hours of Nativity |
| 8:00—10:15 p.m. | Nativity of our Lord—Matins & Liturgy |
| • Thursday, December 31 at 6:00 p.m. | Vesperal Liturgy for St. Basil
and Feast of Circumcision |

THANK YOU “OPERATION ST. NICHOLAS” 2020!

Many thanks to Terri Speier for coordinating an effort to provide St. Nicholas Day treats for all of our children and teens last Sunday, December 6th. Those who were not present to receive them after the liturgy received them by special delivery from some lovely elves!

Nadine DeBruin delivered Westmont to Oxnard.

Kristi King delivered North Goleta to Buelton.

Corina Berari & Terri Speier delivered in Goleta and Santa Barbara.

Kh. Jan delivered poinsettias to our seniors who are homebound due to COVID.

Joanne Gish helped with lists and delivery addresses.

Sherie Shackelford and Christie Robinson helped assemble the 82 goodie bags and cards.

May the love and generosity of St. Nicholas fill our hearts this Advent season!

SAFETY PROTOCOLS UPDATE

Metropolitan Joseph has given us a blessing to continue to do our services inside the nave. The Parish Council asks the members of the parish to adhere to the following:

- During services, please maintain at least 6 ft. of distance on all sides, including in the Communion line, and wear a mask that covers both **YOUR MOUTH AND NOSE**. (Families may sit together but should have six feet of space in front and behind them.)
- The Sunday Divine Liturgy is being broadcast in the hallway and on the patio for overflow crowd and for those who are not comfortable sitting inside the nave.
- **There will be no COFFEE HOUR for now. Please do not linger inside the building after the services unless you are buying something from the Bookstore.**

Blessings to you this Advent season!

Since our beginnings in Isla Vista, our parish has made helping our houseless neighbors a high priority. In recent years St. Athanasius Church has hosted the **Showers of Blessing**, a mobile shower truck that sets up once a week in our parking lot, providing hot showers and warm smiles for our local unhoused community members. Several St. Athanasius volunteers and I have worked closely with the Showers for several years, seeing firsthand the blessing which this project has been to those in need. **Please prayerfully consider making the Showers of Blessing one of the community organizations you support this Advent.**

May God bless you, and our dear neighbors.

Fr. Nicholas



Showers of Blessing

PO Box 1135, Goleta CA 93116

November, 2020

Dear Friend and Neighbor,

Executive Director

John Tamiazzo

Because of the kindness and generosity of remarkable people like you, Showers of Blessing Santa Barbara has been able to provide compassionate services for the most vulnerable and fragile individuals in our community.

Development Dir.

Nancy Shobe

Our extraordinary staff and dedicated volunteers have been doing this one day at a time for over six years and continue to provide the Showers program during this pandemic. Of course, we take great care in making certain our guests, staff, and volunteers wear masks and all necessary protective gear to create a safe and welcoming environment. And through it all, they give with extraordinary kindness.

Site Coordinator

Wade Volk

What does it cost Showers of Blessing in a year to provide one site for our houseless guests? \$40,000. Multiply that by five sites and it costs \$200,000 a year. This cost includes Showers' staff, soap, sanitizers, toiletries, underwear, socks, bottles of water, vehicle maintenance, and fuel, but does not include administrative salaries.

Board Members:

Ed Bastian

Anita Blume

Sally Hamilton

Kim Holmquist

Marty Jelkins

Howard Lange

Mick Mathis

Wayne Mellinger

Barbara Morais

Brenda Powell

Ken Ralph

Russ Sheppel

Melinda Staveley

Showers of Blessing is completely donor supported and therefore relies on contributions from thoughtful and compassionate people like you who foster the mission of providing comfort, respect, dignity, and guidance for our houseless guests.

Please visit our website at showersofblessingiv.org to make your donation or send it back in the envelope provided.

Your continued financial assistance extends loving hands to the most vulnerable members in Santa Barbara community.

Thank You!

John Tamiazzo, Executive Director

Sally Hamilton, Board President

CELEBRATIONS THIS WEEK

Birthdays

12/17 Jon King, Austin Nachbur

12/18 Dorothy Alexander

Patron Saint Commemorations

12/13 **St. Lucia** Lucia Speier, Lucy Speier

12/13 **Sunday of the Forefathers (Ancestors) of Christ
King David**

David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

Daniel the Prophet

Dan Braun, Garrett Gish, Jase Daniel Speier

Jacob

Jacob Palmer

Jesse

Jesse Palmer, Jesse Speier

Adam

Adam King

Rachel

Rachel Friesen

Rebekah

Rebekah Dillon

Ruth

Liz Hoppe, Fay Young

Judith

Judy Braun

Aaron

Howard Lange, Aaron Simonsen

12/17 **St. Miriam** Miriam Vander Laan

12/18 **St. Zoe of Rome** Zoe Macdonald

Congratulations to Tatiana Speier, who graduated from Santa Barbara City College Nursing School on December 11, 2020 via zoom. She was pinned by her parents, Dr. Scott and Terri Speier in her living room. Her brothers and grandparents, Fr. Nicholas, Kh. Jan and Kh. Marilyn Gillquist were there to cheer her on. Godmother, Linda Wallace, also attended by zoom. Tati will take her NCLEX test to receive her RN license in the near future and obtain her bachelor's degree online. She hopes to work in the oncology or neurology unit at Santa Barbara Cottage Hospital. She will also be looking into working at Ventura County Medical Center with her dad. She is excited to see where God places her.



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Kent F.
Bob N.
Fr. Jon-Stephen H.

Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Michael K.
David W.
Dn. Gary B.
Harvey G.
Stephen B.
Kris F.
Dn. Gary B.
David D.
Anneli C.

Kh. Erin K.
Nina
Dasha
Wendy R.
Bev R.
Phyllis M.

The Ethiopian Orthodox Church
The Church & people in Lebanon

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Met. Maximos, Jim R., Zac B., Hilda, Robert M.
All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
*
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con- *
* taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, *
* etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books *
* are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or *
* chain. Payment should be made at time of purchase and placed in brown lockbox on wall next *
* to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the *
* rack are FREE, as are the 12-month liturgical calendars.) *
*
* **All proceeds go to the parish Building Fund.** *

A PRAYER FOR ADVENT

Lord, Jesus Christ, at your holy birth You deemed a lowly cave to be a fit dwelling place,
so in Your mercy make our souls and bodies temples worthy to contain You, the uncontainable God.

And as we make our Advent journey, open our ears to heed the prophets' warning to
"Prepare the way of the Lord!"

For we glorify you along with the angels and shepherds, Father, Son and Holy Spirit.
Amen.

