



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

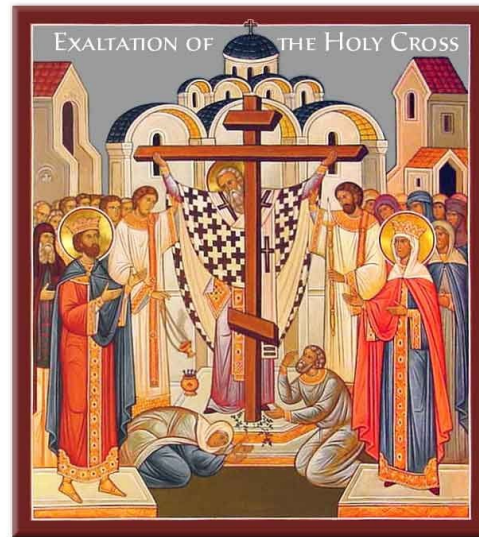
Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 19, 2021

Tone 4 / Eothinon 2

Sunday after the Elevation of the Holy Cross
Martyrs Trophimos, Dorymedon and Savvatos;
Hieromartyr Januarios of Benevento and his Companions



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

FRIENDLY REMINDER:
Please silence your cell phone during the service. Thank you!

CALENDAR FOR THE WEEK

**SUNDAY MORNING MINISTRIES
 SCHEDULE**

Sunday, September 19

9:00 a.m. Matins
 10:00 a.m. Divine Liturgy /Blessing of
 icon of St. Moses the Black
 11:45 a.m. Coffee Hour
 12:15 p.m. Greeters Meeting

Monday, September 20

6:45 a.m. Daily Matins
 7:00 p.m. Men's Fireside

Tuesday, September 21

5:30 p.m. Daily Vespers

Wednesday, September 22

6:45 a.m. Daily Matins
 12:00 p.m. St. Xenia Prayer Ministry

Thursday, September 23

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers for SS. Thekla and
 Silouan
 6:00 p.m. Youth Group

Friday, September 24— St. Thekla, St. Silouan

6:45 a.m. Daily Matins

Saturday, September 25

4:30 p.m. Adult Catechism
 6:00 p.m. Great Vespers/Confessions

Sunday, September 26—Apostle John

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-18
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour
 12:15 p.m. Highways & Hedges Debrief

EUCCHARIST BREAD

September 19 Jacobs
 September 26 Cocores
 October 3 Sieck
 October 10 Tinyayeva

READERS

September 19 Rdr. J. Butler
 September 25 D. Alexander (Vespers)
 September 26 Rdr. H. Lange
 October 3 TBA
 October 10 TBA

GREETERS

September 26 H. Lange/D. Washburn
 October 3 G. & L. Hoppe
 October 10 K. Fox/D. Dillon

USHERS

September 19 C. Berari, D. Washburn
 September 26 Dorothy Alexander, K. L. King
 October 3 P. King, J. King
 October 10 C. Speier, S. Speier

**THURSDAY SHOWERS OF BLESSING
 HOSPITALITY TEAM**

September 23 M. Loulias/P. Cocores
 September 30 F. Young/S. Saunders
 October 7 H. Lange/D. Alexander
 October 14 L. Ballew/J. Jones

**SUNDAY RELIGIOUS
 EDUCATION CLASSES
 for children and teens ages 6-18
 will begin on
 SEPTEMBER 26.**

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON verses for the Feast of the Cross with refrain:

Vs. O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. My God, I will cry by day, and wilt Thou not hearken? But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. **[Refrain]**

Vs. Glory...now & ever...Amen. **[Refrain]**

SECOND ANTIPHON verses for the Feast of the Cross & refrain

Vs. O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

**Refrain: O Son Of God Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. This is Mount Zion wherein Thou hast dwelt. **[Refrain]**

Vs. God is our King before the ages, He hath wrought salvation in the midst of the earth. **[Refrain]**

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON and verses for the Feast of the Cross

Vs. The Lord is king, let the peoples rage; He sitteth on the Cherubim,
let the earth be shaken.

Refrain: Troparion for the Feast of the Cross

**O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.**

Vs. The Lord is great in Zion, and He is high above all peoples.

Vs. Let them confess Thy great Name, for it is terrible and holy.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 4

(Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for the Feast of the Elevation of the Holy Cross

Tone 1

O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Cross**Tone 4**

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon)
(Music on page 59 of Liturgy book)****Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (Ps 103/104:24)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING**Galatians. (2:16-20)**

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel **Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v. Remember Your congregation, which You have purchased of old! (Ps 73/74:2)

v: God is our King before the ages; He has worked salvation in the midst of the earth.
(Ps 73/74:12)

GOSPEL READING

Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

Meglynarion (Hymn to the Mother of God) for the Feast of the Cross)

Thou art the mystical paradise, O Theotokos, in which blossomed Christ.
Through Him, the life-bearing wood of the Cross was planted upon earth.
Now, at its elevation, as we bow down before it, we magnify Thee.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!

For the feast of the Cross

The light of Your countenance has shone on us, O Lord. (*Ps 4/5:6*) Alleluia (3x)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS

THE MEN'S MONTHLY FIRESIDE GATHERING will take place tomorrow, September 20th, at 7:00 p.m. at the home of Mike Loulias and Penny Cocores. (We've changed the name from "Firepit" to a kinder, gentler "Fireside.")

ADULT CATECHISM has begun again on Saturdays from 4:30-5:45 p.m. This Saturday's class will be "Holy Writ within Tradition." All are welcome to attend the class!

COFFEE HOUR

In order to be extra cautious while infection numbers remain elevated, we are continuing to do more simplified Coffee Hour refreshments. If you are able to bring the snacks on a Sunday this fall, please either respond to the sign-up email, or let Suzi Wiley know. When we have no host, the church covers the costs of Coffee Hour, so please consider putting a few dollars in the donation box each week.

To access the sign-up list, go here: <https://bit.ly/SAOCcoffeechour>

MEMORY ETERNAL!

Harvey Gish

April 14, 1939—September 9, 2021



TODAY!

Blessing and installation of new icon of St. Moses the Black

This icon was commissioned of Dorothy Alexander over one year ago and donated by a group of 17 families in the parish.

We hope to continue to add other icons
to the walls of the church that
reflect the diverse and universal nature of the
Orthodox Christian Church.

**THANK YOU TO ALL WHO HAVE HELPED TO MAKE OUR
ST. CATHERINE LIBRARY
A REALITY!**

Sorting, Cataloguing, Shelving, Preparing the books:
Margaret Easbey—Librarian, assisted by Dana Alexander and Kyndal Vogt

Shelving, Lighting & Décor:
Mitchell Denny, Patrick Gilbert, Kellie Landrum, Timmy Palmer, Christie Speier, Jenny Speier

AND MANY THANKS to all who donated books to the library!
...Including large collections from +Fr. Jim King, +Fr. Jon-Stephen Hedges
and Judy & Dan Braun

LIBRARY WISH LIST: <https://bit.ly/SAOCbookstoreWishlist>





FOR IMMEDIATE RELEASE
September 8, 2021

CONTACT: Lisa Sloan
40DaysSB@protonmail.com

Peaceful, prayerful, effective 40 Days for Life campaign kicks off with September 22 rally

(Santa Barbara) (CA) – “We truly pray that this 40 Days for Life campaign will mark the beginning of the end of abortion in Santa Barbara,” said Lisa Sloan, who coordinates the local effort. “We will start our campaign with a rally at 518 Garden St. in Santa Barbara on September 22 at 6pm.”

Santa Barbara is one of a thousand cities from coast to coast conducting simultaneous 40 Days for Life campaigns from September 22 to October 31. “We start this effort by drawing members of the community together to share the vision of 40 Days for Life and to pray for God’s blessings on this effort. It is time to focus attention on the harm abortion has done to our city,” said Sloan.

Local community leaders will speak on the importance of protecting life at the 40 Days for Life kickoff event, including a pastor and a practicing physician. The event will include worship and prayer.

“This will mark the start of 40 days of prayer and fasting, with special attention to prayer in the public right-of-way outside the abortion facility at Planned Parenthood, 518 Garden St., Santa Barbara, as well as various types of community outreach. We look forward to seeing what kind of transformation God will bring about in our city,” said Sloan.

All prayer vigil participants are asked to sign a statement of peace, pledging to conduct themselves in a Christ-like manner at all times.

40 Days for Life is a peaceful, intensive campaign that focuses on 40 days of prayer and fasting, 40 days of peaceful vigil at abortion facilities, and 40 days of grassroots educational outreach. The 40-day time frame is drawn from examples throughout Biblical history where God brought about world-changing transformation in 40-day periods.

For information about 40 Days for Life in Santa Barbara visit: www.40daysforlife.com/santabarbara .

For assistance or for more information, please contact Lisa Sloan at 40DaysSB@protonmail.com.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

9/19 Timmy & Teri Palmer

Birthdays

9/19 Leslee Kinman

9/20 Dan Braun

9/21 Alexis Rae Florez

Patronal Saint Feast Days

9/24 **St. Thekla the Protomartyr** Courtney Shannon, Melissa Braun,
Kh. Jan Finley

9/25 **St. Sergius of Radonezh** Brian Sieck

FINANCIAL SNAPSHOT—January-August, 2021

Goal for Tithes January-August, 2021	\$ 333,340
Actual Tithes January-August, 2021	\$ 366,104

Building Fund Goal for Jan.-August, 2021	\$ 112,960
Actual Building Fund donations Jan.-August, 2021	\$ 90,838

Monthly tithe goal \$41,667

Tithes received per month:

January	\$37,625	May	\$ 50,358
February	\$46,485	June	\$ 47,493
March	\$59,535	July	\$ 50,714
April	\$47,921	August	\$ 25,973

Total operating income for 8 months	\$398,432
Total operating expenses for 8 months	\$419,789

Payroll Protection government grant of \$55,749 received in July will cover projected budget deficit for clergy salaries.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Coleman Family (Lori, Abby,
Matt)
Dn. Nicholas D. and family
Jerry J.
Chuck S.
Mat. Trudi & Richter Family

Linda and Gish Family

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Harvey G., Fr. Anastasy (Stacey) R., Archpriest Sergei G.,
Roxy & Kaleo Coleman, Tresja D., Maria M.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.
