



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 7, 2021

Tone 3 / Eothinon 9;

**Twentieth Sunday after Pentecost
& Seventh Sunday of Luke**

Venerable Lazarus the wonderworker of Magnesia
The Thirty-three Martyrs of Melitene



Synaxis of the Archangels — November 8

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, November 7 — Set clocks back one hour!

9:00 a.m. Matins
9:00 a.m. Religious Ed. Classes for ages 6-12
10:00 a.m. Divine Liturgy
11:30 a.m. Religious Ed for Teens
11:45 a.m. Coffee Hour

Monday, November 8

6:45 a.m. Daily Matins

Tuesday, November 9

5:30 p.m. Daily Vespers

Wednesday, November 10

6:45 a.m. Daily Matins
8:30 a.m. Weekly Divine Liturgy
12:00 p.m. St. Xenia Prayer Ministry

Thursday, November 11

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)
10:00 a.m. Showers of Blessing
3:30 p.m. Atrium Level I
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group

Friday, November 12

6:45 a.m. Daily Matins
7-9 p.m. Choir Workshop

Saturday, November 13

11 a.m.—7 p.m. Choir Workshop
4:30 p.m. Adult Catechism:
“Proclaiming Salvation in Image”
taught by Kh. Cayce Marie
6:00 p.m. Great Vespers/Confessions

Sunday, November 14

9:00 a.m. Matins
9:00 a.m. Religious Ed. Classes for ages 6-12
10:00 a.m. Divine Liturgy
11:30 a.m. Religious Ed for Teens
11:45 a.m. Coffee Hour

FR. SYMEON AND FAMILY ARE AWAY THIS WEEKEND.

Please pray for their safe travels.

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

November 7 Dillon
November 14 Morrison
November 21 Kern
November 28 D. Washburn

ARTOKLASIA BAKERS

Sat. Nov. 20 TBA
Sun. Dec. 5 Fr. J. & J. Finley

READERS

November 7 Rdr. J. Butler
November 14 D. Alexander
November 20 D. Meyer (Vespers)
November 21 Rdr. V. Gish
November 28 D. Washburn

GREETERS

November 7 G. & L. Hoppe
November 14 H. Lange/D. Washburn
November 21 G. & L. Hoppe
November 28 K. Fox/D. Lewis

USHERS

November 7 J. King/P. King
November 14 S. Speier/C. Speier
November 21 D. Meyer/M. Loulias
November 28 C. Berari/D. Washburn

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

November 11 F. Young/S. Saunders
November 18 L. Ballew/D. Franzen
November 24* M. Loulias/P. Cocores
(*Wed. because of Thanksgiving)
December 2 D. Washburn/D. Alexander

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner
of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 3

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion for St. Lazarus the Wonderworker

Tone 8

You watered your pillar with prayerful vigils and flowing tears;
You brought forth fruit a hundredfold with sighs from the depths of your soul.
You were a shepherd, granting the requests of all.//
Entreat Christ God, venerable Lazarus our father, that our souls may be saved!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us. **Preparatory**

**Preparatory Psalm Verses before the Epistle
(Music on p. 58 of Liturgy book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING**Galatians 1:11-19**

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!
Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

LOOKING AHEAD...UPCOMING FEASTS & SPECIAL SERVICES

Wednesday, November 17 at 6:00 p.m. — Advent Paraklesis

Sunday, November 21 — Feast of the Presentation of the Theotokos

Wednesday, November 24 at 6:00 p.m. — Akathist of Thanksgiving

CELEBRATIONS THIS WEEK

Wedding Anniversaries

11/8 Gabriel and Megan Speier
11/10 Gary and Cheyenne Braun
11/11 Jason and Jody Wallace

Birthdays

11/8 Justina King
11/9 John Ronan Meyer
11/10 David Lewis
11/11 Keira Landrum
11/13 Farley Easbey, James Morrison, Leticia Brunner

Patron Saint Commemorations

11/8	Archangel Michael	Michiel de Bruin	Mitch Denny	Dn. Richard Easbey
		Michael Easbey	Jimmy Easbey	Wesley Brave Speier
		Michael Loulias	Scott Speier	
11/9	St. Nektarios		Noah Hedges	
11/11	St. Martin of Tours		Bob Gundersen, Brody Hansen	
11/11	St. Victor of Damascus		Viktoria Hedges	
11/13	St. John Chrysostom		John (Chuck) Sasala, Dn. John Young	

ANNOUNCEMENTS

FR. SYMEON AND FAMILY ARE AWAY THIS WEEKEND.

JOIN US TODAY AT COFFEE HOUR TODAY IN CELEBRATING THE NOV. 10th BIRTHDAY OF DAVID LEWIS, one of our octogenarians! We will serve a light lunch in his honor.

CONGRATULATIONS TO JUSTIN BRUNNER AND AMBER MASS, who were joined in holy matrimony yesterday. May God grant them many years!

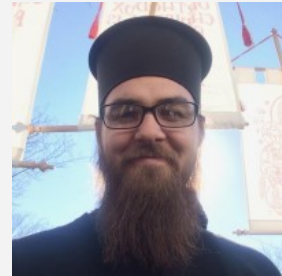
COFFEE HOUR

We have opened up Coffee Hour to include more elaborate fare and we look forward to having every household in the parish sign up for a Sunday during this new liturgical year. Donuts and simple snacks are still perfectly fine, but if you would like to serve brunch or lunch type foods, that is permitted now. To access the sign-up list: <https://bit.ly/SAOCcoffeehour>

GOD SPEED AND PRAYERS

Last month Chuck Sasala moved back to Pennsylvania in order to receive medical treatment. Chuck was chrismated in our parish in October of 2015, having been raised in a Byzantine Catholic (Rusyn) parish in Pennsylvania. We will miss Chuck, and will continue to keep him in our prayers. If you would like Chuck's contact information, email Valerie in the office.

SAVE THE DATE...for our Advent Seminar
Saturday, November 20, 2021
9:00-11:00 a.m. at the church
May It Be Blessed:
The Crucifixion of the Will
and the Resurrection of the New Man



- A presentation by Fr. John Valadez on:
- How we can learn to say "May it be blessed" in all aspects of life.
 - How to put aside our expectations and assumptions about life and accept God's Will in each moment.

NO REGISTRATION NECESSARY.

BLESSING OF MEMORIAL at Goleta Cemetery for Unborn Babies

On Saturday, October 30th, our clergy participated in the blessing of a memorial and headstone in Goleta Cemetery, designated to remember the souls of infants who have died as a result of abortion. The plot has been dedicated for times of prayer, peaceful reflection and contemplation for all who have lost little ones in life. **The memorial is at Plot 5 South—Lot 216—Space 2.**



MEET OUR ST. XENIA INTERCESSORY PRAYER MINISTRY

St. Xenia Prayer Ministry meets at the church every Wednesday at 12:00 noon in the chapel. We pray for ALL of our clergy, ministries and ministry leaders EVERY week. We also pray for dozens of individuals who are suffering from a wide range of circumstances including illness, loss, depression, tragedy, troubled relationships, to name a few. And we pray the Akathist to the Mother of God, Nurturer of Children, every week. All of our children, teens and young adults in the parish are mentioned by name. We also have several groups that have been meeting by Zoom. **The St. Xenia team welcomes your participation and your prayer requests!**

For more information or to submit a prayer request, please contact Dorothy Alexander (dotalexander@westmont.edu) or Fay Young (fay24ry@yahoo.com)



A NEW MINISTRY FOR THOSE WHO BAKE BREAD

We have a wonderful team of parishioners who rotate duties in baking the Eucharist bread that we use each Wednesdays and Sundays for Divine Liturgies. This is a holy ministry and offering, and we give thanks for those faithful servants.

In the coming Liturgical Year, we will be adding some Festal Great Vespers to the schedule so that we can more fully celebrate the major feasts. At those Festal Vespers we will include the procession to the center of the church that includes the prayers of the Lita and Artoklasia (blessing of the sweet loaves, wine and oil).

We are looking for a team of parishioners who enjoy baking and who would take turns baking the sweet bread for these Festal Vespers. We will provide several recipes for you to choose from. Each Artoklasia requires 5 loaves of sweet bread, and it would need to be delivered to the church and given to the clergy at least ten minutes prior to the service.

If you would be willing to be part of this team, please let Valerie know by e-mailing to: valerie@stathanasius.org.

Artoklasia, which means “breaking of bread” is a special prayer service offered by an individual or family typically on a Feast day or special family occasion. It includes hymns, petitions and prayers for health, well-being and strength to endure all of life’s difficulties. The five loaves are reminiscent of the five loaves that Jesus Christ blessed in the desert and by which five thousand of His followers were fed.

Items used in the service are five loaves of Artoklasia bread, a small container of oil, a small container of wine and sometimes the names of loved ones to be prayed for, submitted to the priest prior to the service. The bread is divided among the faithful in the congregation in the hopes that God’s blessings be shared and multiplied. The wine symbolizes the blood of Christ and the olive oil symbolizes the healing of our bodies and souls.



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Steve T,
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Coleman Family (Lori, Abby,
Matt)
Dn. Nicholas D. and family
Jerry J.
Chuck S.

Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Doris J.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.
