



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
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frnicholas@stathanasius.org

**Assistant Pastor:**

Fr. Symeon Halsell  
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**Priests attached to the parish:**

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey (retired)  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2021-2022:**

Laurie Baker, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Mary Denny  
David Dillon  
Glenn Hoppe  
Lara Jacobs  
Zak Landrum

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, November 14, 2021**

**Tone 4 / Eothinon 10**

**The Holy Apostle Philip & Eighth Sunday of Luke**

Gregory Palamas, Archbishop of Thessalonica;

New-martyr Constantine of Hydra;

Justinian the emperor and his Wife Theodora



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.  
Please join us on the patio after the Liturgy for Coffee Hour.  
We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## CALENDAR FOR THE WEEK

### Sunday, November 14

9:00 a.m. Matins  
9:00 a.m. Religious Ed. Classes for ages 6-12  
10:00 a.m. Divine Liturgy  
11:30 a.m. Religious Ed for Teens  
11:45 a.m. Coffee Hour

### Monday, November 15

6:45 a.m. Daily Matins  
7:00 p.m. Men's Fireside Gathering

### Tuesday, November 16—St. Matthew

5:30 p.m. Canon for St. Matthew

### Wednesday, November 17

6:45 a.m. Daily Matins  
8:30 a.m. Weekly Divine Liturgy  
12:00 p.m. St. Xenia Prayer Ministry  
6:00 p.m. Advent Paraklesis

### Thursday, November 18

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)  
10:00 a.m. Showers of Blessing  
3:30 p.m. Atrium Level I  
5:30 p.m. Daily Vespers  
6:00 p.m. Youth Group  
6:15 p.m. Parish Council Meeting  
6:30 p.m. Choir Rehearsal

### Friday, November 19

6:45 a.m. Daily Matins

### Saturday, November 20

9:00 – 11:00 a.m. ADVENT SEMINAR  
4:30 p.m. Adult Catechism:  
"Practicing the Faith in Daily Life"  
6:00 p.m. Festal Vespers with Artoklasia/  
Confessions

### Sunday, November 21—Feast of Presentation of the Theotokos in the Temple

9:00 a.m. Festal Matins  
9:00 a.m. Religious Ed. Classes for ages 6-12  
10:00 a.m. Festal Divine Liturgy  
11:30 a.m. Religious Ed for Teens  
11:45 a.m. Coffee Hour

**FR. NICHOLAS & KH. JAN WILL  
BE OUT OF TOWN NOV. 20-21.**

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCHARIST BREAD

November 14 Morrison  
November 21 Kern  
November 28 D. Washburn  
December 5 Jacobs

### ARTOKLASIA BAKERS

Sat. Nov. 20 TBA  
Sun. Dec. 5 Fr. J. & J. Finley

### READERS

November 14 D. Alexander  
November 20 D. Meyer (Vespers)  
November 21 Rdr. V. Gish  
November 28 D. Washburn  
December 5 Rdr. H. Lange

### GREETERS

November 14 H. Lange/D. Washburn  
November 21 G. & L. Hoppe  
November 28 K. Fox/D. Lewis  
December 5 L. Baker/C. Fisher

### USHERS

November 14 S. Speier/C. Speier  
November 21 D. Meyer/M. Loulias  
November 28 C. Berari/D. Washburn  
December 5 D. Alexander/K.L. King

### THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

November 18 L. Ballew/D. Franzen  
November 24\* M. Loulias/P. Cocores  
(\*Wed. because of Thanksgiving)  
December 2 D. Washburn/D. Alexander  
December 9 F. Young/S. Saunders

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

### THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### GREAT LITANY

##### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;  
Now and ever and unto ages of ages. Amen.**

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Tone 4**

**Troparion for Holy Apostle Philip**

O holy Apostle Philip,  
intercede with the merciful God,  
to grant our souls forgiveness of sins.

**Tone 3**

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Presentation of the Theotokos****Tone 4**

The most pure Temple of the Savior;  
the precious Chamber and Virgin;  
the sacred Treasure of the glory of God,  
is presented today to the house of the Lord.  
She brings with her the grace of the Spirit,  
therefore, the Angels of God praise her:  
“Truly this woman is the abode of heaven.”

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us. **Preparatory**

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 8**

Their proclamation has gone out into all the earth,  
and their words to the ends of the universe! (*Ps 18/19:4*)

*v: The heavens are telling the glory of God, and the firmament proclaims His handiwork. (Ps 18/19:1)*

**EPISTLE READING****Corinthians.4:9-16**

Brethren, God has revealed us, the apostles, last of all, as those appointed to death; for we have become a spectacle to the world, both to angels and to men. We are fools for Christ's sake, but you are wise in Christ; we are weak, but you are strong; you are glorified, but we are dishonored. Even to this present hour we both hunger and thirst; we are naked, and are buffeted, and are restless; and we labor, working with our own hands. While reviled, we bless; while persecuted, we endure; while blasphemed, we exhort; we have become the filth of the world and the off-scouring of all things, even until now.

I do not write these things to make you ashamed, but to admonish you as my beloved children; for though you have a myriad of tutors in Christ, yet you do not have many fathers; for I begat you in Christ Jesus through the gospel. I beseech you, therefore, be imitators of me.

**Alleluia Refrain and Psalm verses before the Gospel      Tone 4**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

**Verse:** Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

**GOSPEL READING**

**Luke 10:25-37**

At that time, a lawyer stood up to put Jesus to the test, saying, "Teacher, what shall I do to inherit eternal life?" Jesus said to him, "What is written in the Law? How do you read?" And the lawyer answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself." And Jesus said to him, "You have answered right; do this, and you will live." But the lawyer, desiring to justify himself, said to Jesus, "And who is my neighbor?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbor to the man who fell among the robbers?" The lawyer said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Their proclamation has gone out into all the earth, and their words to the ends of the universe. (*Ps. 18:4*) Alleluia, Alleluia, Alleluia!

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.**

## ANNOUNCEMENTS

**WELCOME TO PHOTINI DOWNIE ROBINSON**, who we invited to teach a workshop this past weekend for our liturgical musicians. Photini is the *lambadarios* (second cantor) at Holy Trinity Greek Orthodox Cathedral in Portland, Oregon. She is a touring artist with the world-renowned vocal ensemble Cappella Romana and serves on their Board of Directors. Photini earned the prestigious Certificate in Byzantine Music from Hellenic College/Holy Cross School of Theology in 2021, with highest distinction. She is currently pursuing a Master of Divinity at the Portland Seminary with a specialization in Chaplaincy and Pastoral Ministry. Photini was received into the Orthodox Faith in 2015. We feel very blessed to have been able to bring her here to share her expertise and her love for the Church and Byzantine chant!



**MEN’S FIRESIDE is tomorrow at 7 p.m. at the home of Mike Loulias and Penny Cocores.**

**FR. NICHOLAS & Kh. JAN WILL BE OUT OF TOWN NEXT WEEKEND**, Nov. 20-21. They will be visiting SS. Peter & Paul parish in Ben Lomond, where Fr. Nicholas will be presenting a teaching on “The Peace the Surpasses Understanding,” and serving with Fr. Christopher Dillon on Sunday for the Feast of the Presentation of the Theotokos.

### COFFEE HOUR

We have opened up Coffee Hour to include more elaborate fare and we look forward to having every household in the parish sign up for a Sunday during this new liturgical year. Donuts and simple snacks are still perfectly fine, but if you would like to serve brunch or lunch type foods, that is permitted now. To access the sign-up list: <https://bit.ly/SAOCoffeehour>

## LOOKING AHEAD...UPCOMING FEASTS & SPECIAL SERVICES

- Wednesday, November 17 at 6:00 p.m. — Advent Paraklesis
- Saturday, November 20 at 6:00 p.m.— Festal Vespers and Artoklasia for the **Feast of the Presentation** of the Theotokos in the Temple
- Sunday, November 21—Festal Matins & Divine Liturgy for the **Feast of the Presentation** of the Theotokos in the Temple
- Wednesday, November 24 at 6:00 p.m. — Akathist of Thanksgiving
- Wednesday, December 1 at 6:00 p.m. — Advent Paraklesis
- Sunday, December 5 at 5:30 p.m. — Vespers for Feast of **St. Nicholas** followed by a brief celebration including the story of St. Nicholas’ life, special treats from St. Nicholas in the children’s shoes, and refreshments. And possibly a SURPRISE VISITOR.

## **MINISTRY TEAM GOALS for 2021-22** **per Meeting of Ministry Leaders on 10/23/21**

- **Parish Council** – Define the role of the Parish Council more clearly. Make sure we take care of the needs in maintaining our current building.
- **Music Ministry** – Continue to rebuild the choir after 16 months of singing in very small ensembles due to the pandemic. (Recruit a few more adults and a few teens.) Continue to build chanting teams and increase skill level and confidence in chanters for weekday services.
- **Acolytes** – Schedule more training sessions and recruit more young adults and adults to assist in the altar.
- **Handmaidens (NEW MINISTRY)** – We just received a blessing from Metropolitan Joseph to move forward with organizing a group of girls and young women who will have a liturgical ministry that will include caring for the nave of the church before, during, and after services, and participating liturgically in a variety of ways. Margaret Easbey is working with Fr. Symeon to get this ministry up and running.
- **St. Xenia Prayer Ministry** – Communicate the message to the parishioners that their prayer requests are welcome, and that we are ALL being prayed for every week. All are welcome to join us on Wednesdays at Noon in the chapel.
- **Youth Group** -- Help our teens learn what it takes to become an adult, separate from their parents. Help them learn how to establish a spiritual discipline.
- **Young Adults** – Gauge interest and offer monthly activities, alternating between structured discussion and informal social opportunities.
- **Parish Library**-- Recruit a few more volunteers for the team.
- **Building Maintenance** – Keep up with the growing need for maintenance of our existing building.
- **Catechesis of the Good Shepherd** – Host a national training conference for Orthodox catechists.
- **Festal Decorating** – Establish a stable team of talented people. (Goal was accomplished in the past month!)
- **Showers of Blessing** – Recruit a few new volunteers to replace those who have had to step down. (Showers are Thursday mornings 10:00 am. – 1:00 p.m.)
- **Evangelism** – Continue to utilize the website for communicating who we are as Orthodox Christians; Expand the Sunday Greeters Program.



- **Icon Guild** -- Finish the three diptychs for our priests to carry with them when visiting those in need. We will continue to meet two days each month to work together and introduce others to iconography.
- **Coffee Hour** – Help everyone on the team to understand the importance of the ministry, and to work as a team to support the weekly hosts as much as possible.
- **Social/Celebrations** – Focus on the larger events and form committees to coordinate them. (Pascha, Pentecost, St. Nicholas)
- **Men’s Fellowship** – Add more small groups/options for our men to participate in addition to once-a-month Saturday morning breakfast/prayer/book study, and once-a-month Fireside. More variety of activities, more holistic.
- **Women’s Fellowship** – Offer a variety of opportunities and experiences to support our women in deepening their spiritual growth (make us stronger warriors for Christ); Develop deeper relationships with each other in order to build a more loving family.
- **Meals for New Moms** -- Recruit someone to take over leadership of this ministry.
- **Wedding Service Coordinators** – Continue smooth transition of new leadership from Penny Brunner to Christie Robinson and Lara Jacobs.
- **St. Lucia Visitation** – Communicate to our parishioners that they can let us know when there is a need for meals or phone calls to offer encouragement.
- **Pre-marital Counseling** – Set some new goals for how to expand this ministry, including follow-up with couples after the weddings.
- **Landscaping** – Keep us connected to the area where the temple will be built. Maybe add some landscaping and seating around the cross out in the field, make it a peaceful place to sit and pray. Make it a pleasant destination rather than just a cross out in the field.
- **Photography** – Complete new photo directory in early 2022; Visit those who are home bound to take photos for the parish photo directory, if they would welcome that.
- **Orthodox Christians for Life** – Support and participate in more local activities.

**If you are looking for a way to become more involved in the work of the parish, see the Ministry Teams Booklet out in the hallway for contact information for each of the team leaders.**

**SAVE THE DATE...for our Advent Seminar**  
**Saturday, November 20, 2021**

9:00-11:00 a.m. at the church

***May It Be Blessed:***  
***The Crucifixion of the Will***  
***and the Resurrection of the New Man***



A presentation by Fr. John Valadez on:

- How we can learn to say “May it be blessed” in all aspects of life.
- How to put aside our expectations and assumptions about life and accept God’s Will in each moment.

**NO REGISTRATION NECESSARY.**

***CELEBRATIONS THIS WEEK***

**Birthdays**

11/14 Sophia Roberts  
11/15 Anna Grace Butler  
11/16 Cole Keller  
11/17 Catherine Braun, John Heiduk  
11/19 Atalia Finley, Juliet Iris Macdonald, Kristen Roberts

**Patron Saint Feast Days**

11/14 <b>St. Philip the Apostle</b>	Dn. Gary Braun, Gary Braun, Jr.
11/16 <b>St. Matthew the Apostle</b>	Mateo Finley, Larry Lander
11/17 <b>St. Gregory the Wonderworker</b>	Cole Keller

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)  
Chase K. (military)

Nick & Kristine J. (military)  
Connor V. (military)  
Steve T.  
Bev R.  
Phyllis M.  
Scott L.  
Abp. Benjamin  
Kris F.  
Temmo K.  
Sarah B.  
Coleman Family (Lori, Abby, Matt)  
Jerry J.  
Chuck S.  
Mat. Trudi & Richter Family  
Linda Gish & Family  
Kevin F.  
Debbie S.  
Steve H.  
David L.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:** Doris J.

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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### **TWO WOMEN IN OUR PARISH HONORED BY AXIA WOMEN**

Within the past month, both Valerie Yova (our Administrator and Music Director) and Jane G. Meyer (Level III Catechist) have been featured as Women of the Week on the Orthodox site called "Axia Women." You can read their stories here:

**<https://www.axiawomen.org/wow/jane-g-meyer>**

**<https://www.axiawomen.org/wow/valerie-yova>**