



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 28, 2021

**Tone 6 / Eothinon 1; Twenty-third Sunday after Pen-
tecost & Thirteenth Sunday of Luke**

Venerable-martyr Stephen the New

Martyr Irinarchos of Sebastia and those with him



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, November 28

9:00 a.m. Matins
NO RELIGIOUS EDUCATION CLASSES TODAY.
10:00 a.m. Divine Liturgy
11:30 a.m. Religious Ed for Teens
11:45 a.m. Coffee Hour

Monday, November 29

6:45 a.m. Daily Matins
5:00 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, November 30—APOSTLE ANDREW

5:30 p.m. Canon for St. Andrew

Wednesday, December 1

6:45 a.m. Daily Matins
8:30 a.m. Weekly Divine Liturgy
12:00 p.m. St. Xenia Prayer Ministry
6:00 p.m. Advent Paraklesis

Thursday, December 2

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers
6:00 p.m. Youth Group
6:30 p.m. Choir Rehearsal

Friday, December 3

6:45 a.m. Daily Matins
4:00 p.m. Vigil at St. Barbara Monastery
6:30 p.m. Vespers at St. Barbara Greek Parish

Saturday, December 4—FEAST of ST. BARBARA

9:00 a.m. Matins and Liturgy at St. Barbara Parish
9:30 a.m. Hours at St. Barbara Monastery
10:00 a.m. Hierarchical Divine Liturgy at
St. Barbara Monastery
6:00 p.m. Great Vespers/Confessions at SAOC

Sunday, December 5

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
5:30 p.m. Vespers for Feast of
ST. NICHOLAS

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

November 28 Kern
December 5 Jacobs
December 12 Sieck
December 19 Cocores

ARTOKLASIA BAKERS

Sun. Dec. 5 Fr. J.& J. Finley

READERS

November 28 D. Meyer
December 5 Rdr. H. Lange
December 12 Rdr. J. Butler
December 18 D. Meyer (Vespers)
December 19 Rdr. V. Gish

GREETERS

November 28 K. Fox/D. Lewis
December 5 L. Baker/C. Fisher
December 12 P. Cocores/M. Loulias
December 19 K.P. King/D. Washburn

USHERS

November 28 C. Berari/D. Alexander
December 5 P. King/J. King
December 12 D. Washburn/K.L. King
December 19 C. Speier/S. Speier

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

December 2 D. Washburn/D. Alexander
December 9 F. Young/S. Saunders
December 16 L. Ballew/D. Franzen
December 19 M. Loulias/P. Cocores

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion:

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for St. Stephen the New

Tone 4

Trained in asceticism on the mountain,
with the weapon of the Cross you destroyed
the spiritual assaults of the hostile powers, O all-blessed one.
Again you bravely prepared for combat
and slew Copronymus with the sword of faith;//
for both struggles you have been crowned by God,
monk-martyr Stephen of eternal memory.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity

Tone 3

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us. **Preparatory**

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 61 of Liturgy Book)**

Tone 6

O Lord save Thy people and bless Thine inheritance. (*PS 27/28:9*)

Verse: *To Thee will I cry, O Lord, O my God,
do not be silent unto me. (PS 27/28:1)*

EPISTLE READING

Ephesians 2:4-10

Brethren, God, being rich in mercy, through His great love with which He loved us, even when we were dead through the trespasses, made us alive together with Christ—by grace you are saved—and raised us up together with Him, and made us to sit together with Him in the heavenly places in Christ Jesus, that in the coming ages He would show the exceeding riches of His grace, in kindness toward us, in Christ Jesus. For by grace you are saved through faith, and that is not of yourselves: it is the gift of God, not of works, lest anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Alleluia Refrain and Psalm verses before the Gospel

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING

Luke 18:18-27

At that time, a man came testing Jesus and asking, “Good Teacher, what shall I do to inherit eternal life?” And Jesus said to him, “Why do you call Me good? No one is good but God alone. You know the commandments: ‘Do not commit adultery. Do not kill. Do not steal. Do not bear false witness. Honor your father and mother.’” And the man said, “All these I have observed from my youth.” And when Jesus heard it, he said to him, “One thing you still lack. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me.” But when the man heard this he became sad, for he was very rich. Jesus, seeing him sad, said, “How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.” Those who heard it said, “Then who can be saved?” Jesus said, “What is impossible with men is possible with God.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!
Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.**

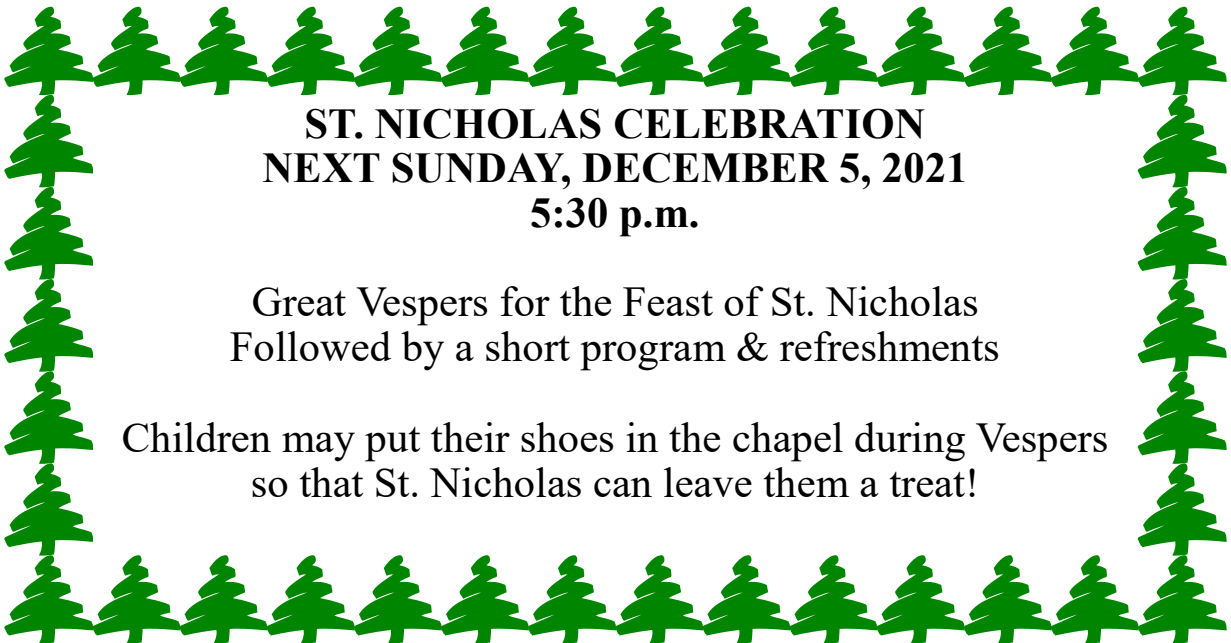
ANNOUNCEMENTS

LOOKING AHEAD...UPCOMING FEASTS & SPECIAL SERVICES

- Wednesday, December 1 at 6:00 p.m. — Advent Paraklesis
- Sunday, December 5 at 5:30 p.m. — Vespers for Feast of **St. Nicholas** followed by a brief celebration including the story of St. Nicholas' life, special treats from St. Nicholas in the children's shoes, and refreshments. And possibly a SURPRISE VISITOR.
- Wednesday, December 8 at 6:00 p.m.— Advent Paraklesis

MEN'S FELLOWSHIP of St. John will be moved to Saturday, December 11th at 8:30 a.m. (due to the Feast of St. Barbara on December 4th)

NETWORK MEDICAL IS HIRING for several positions. (Executive Administrator to assist Exec. Dir.; Reality Check Director—involves public speaking; and RDMS to assist with ultrasound training) For more information, email to Jaelynn Lay, Exec. Director, at: jaelynn@networkmedical.org.



ST. NICHOLAS CELEBRATION
NEXT SUNDAY, DECEMBER 5, 2021
5:30 p.m.

Great Vespers for the Feast of St. Nicholas
Followed by a short program & refreshments

Children may put their shoes in the chapel during Vespers
so that St. Nicholas can leave them a treat!

***SCHEDULE FOR
FEAST OF ST. BARBARA***



St. Barbara Orthodox Monastery

15799 Ojai Rd
Santa Paula, CA 93060

Friday, December 3, 2021
4:00 p.m. -- Vigil

Saturday, December 4, 2021
9:30 a.m. -- Hours
10:00 a.m. -- Hierarchical Divine Liturgy
(His Eminence, Archbishop Benjamin)

FOLLOWED BY FESTAL LUNCHEON

Directions: <http://www.stbarbaramonastery.org/contact-info>

St. Barbara Greek Orthodox Church

1205 San Antonio Creek Rd.
Santa Barbara, CA 93111

Friday, December 3, 2021
6:30 p.m. -- Great Vespers

Saturday, December 4, 2021
9:00 a.m. -- Matins
10:00 a.m. -- Divine Liturgy

**SAVE THE DATE for a
PRAYER RETREAT**

The Practice of Prayer

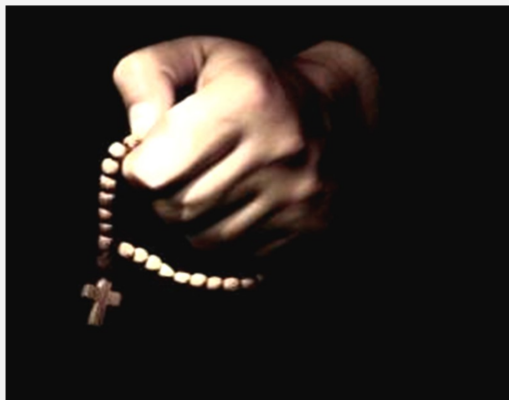
Thursday, January 20—Saturday, January 22, 2022
at Glen Tavern Inn and St. Barbara Monastery,
in Santa Paula

- Speakers and Workshops on
various aspects of private & corporate prayer -

Sessions will be led by:

- Mother Victoria
- Fr. Symeon Halsell
- Subdn. Stephen Butler
 - Jane Meyer
- Dorothy Alexander

If you have questions or would like more information,
contact Dorothy at dotaalexander@westmont.edu



CELEBRATIONS THIS WEEK

Birthdays

12/1 Anya Madrigal, Lydia Sieck
12/3 David McCalmont

Patron Saint Commemorations

11/30	St. Andrew the Apostle	Johannes De Bruin, Ryan Franzen, Andrew Macdonald
12/4	St. Barbara the Martyr	Cheryl Washburn-Lander
12/4	St. Juliana	Juliana Shackelford



A PRAYER FOR ADVENT

Lord, Jesus Christ, at your holy birth
you deemed a lowly cave to be a fit dwelling place.
So in our mercy make our souls and bodies temples
worthy to contain you, the uncontainable God.

And as we make our Advent journey,
open our ears to heed the prophets' warning to
"Prepare the way of the Lord!"

For we glorify you along with the angels and shepherds,
Father, Son and Holy Spirit. Amen.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Doris J.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

From the AKATHIST OF THANKSGIVING

IKOS 1



I was born a weak, defenseless child, but Thine angel spread his wings over my cradle to defend me. From birth until now Thy love hath illumined my path, and hath wondrously guided me towards the light of eternity; from birth until now the generous gifts of Thy providence hath been marvelously showered upon me. I give Thee thanks, with all who have come to know Thee, who call upon Thy Name:

- + Glory to Thee for calling me into being; glory to Thee, for showing me the beauty of the universe.
- + Glory to Thee, spreading out before me heaven and earth, like the pages in a book of eternal wisdom.
- + Glory to Thee for Thine eternity in this fleeting world; glory to Thee for Thy mercies, seen and unseen.
- + Glory to Thee through every sigh of my sorrow; glory to Thee for every step of my life's journey, for every moment of glory.
- + Glory to Thee, O God, from age to age!