



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Pastor Emeritus

Fr. Nicholas Speier
805-685-5400
frnicholas@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Mary Denny
David Dillon
Glenn Hoppe
Lara Jacobs
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 23, 2022

Tone 6 / Eothinon 9;

**Thirty-first Sunday after Pentecost
& Fourteenth Sunday of Luke**

Hieromartyr Clement, Bishop of Ancyra
Martyr Agathangelos; Paulinos, Bishop of Nola



St. Xenia of Rome & her two Servants—January 24

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
Please join us on the patio after the Liturgy for Coffee Hour.
We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

**Fr. Nicholas will be away
from January 28-Feb. 2.**

Sunday, January 23

9:00 a.m. Matins
9:00 a.m. Religious Education for ages 6-12
Blessing of the Atria
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
Speaker from Pathway Family Services
12:30 p.m. Adult Catechism

Monday, January 24—ST. XENIA

6:45 a.m. Daily Matins
5:00 p.m. St. Xenia Prayer Ministry—Akathist
by Zoom

Tuesday, January 25

ST. GREGORY the THEOLOGIAN

5:30 p.m. Daily Vespers

Wednesday, January 26

6:45 a.m. Daily Matins
8:30 a.m. **Divine Liturgy**
12:00 p.m. St. Xenia Prayer Ministry

Thursday, January 27

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
3:30 p.m. Catechesis Level I
5:30 p.m. Vespers—St. Maximus
6:00 p.m. Youth Group

Friday, January 28

6:45 a.m. Daily Matins

Saturday, January 29

6:00 p.m. Great Vespers/Confessions

Sunday, January 30

9:00 a.m. Matins
9:00 a.m. Religious Education for ages 6-12
Blessing of the Atria
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

January 23 Dillon
January 30 Morrison
February 2 Kern
February 6 D. Washburn
February 13 Jacobs

READERS

January 23 Rdr. H. Lange
January 29 Rdr. M. Kern (Vespers)
January 30 Rdr. J. Butler
February 1 D. Meyer (Vespers)
February 2 Rdr. V. Gish (Liturgy)
February 5 D. Washburn (Vespers)
February 6 D. Meyer
February 13 Rdr. H. Lange

GREETERS

January 23 P. Cocores/M. Loulias
January 30 K. P. King/D. Washburn
February 6 G. & L. Hoppe
February 13 H. Lange/D. Washburn

USHERS

January 23 C. Speier/S. Speier
January 30 C. Berari/Dorothy Alexander
February 6 P. King/J. King
February 13 D. Meyer/M. Loulias

COFFEE HOUR HOSTS

January 23 Kern/McIntire
January 30 Nikolov
February 6 Alexander
February 13 Reception for Met. Joseph's Visit

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

January 27 M Loulias/P. Cocores
February 3 D. Washburn/D. Alexander
February 10 F. Young/S. Saunders
February 17 L. Ballew/D. Franzen

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for Hieromartyr Clement, Bishop of Ancyra

Tone 4

You sprang up, O most holy one,
as a branch and stem of holiness,
a most sacred flower of the contest of martyrdom
and as a most sweet fruit given by God to the faithful.
But as one who shared the struggle of the martyrs
and the throne of hierarchs,//
intercede with Christ God that our souls may be saved!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple **Tone 1**

By Thy Nativity, Thou didst sanctify the Virgin's womb!
And didst bless Simeon's hands, O Christ God.
Now Thou hast come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle (Prokeimenon) **Tone 6**
(Music on page 60 of Liturgy book)

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: To Thee will I cry, O Lord, O my God, do not be silent unto me.

EPISTLE READING
1 Timothy 1:15-17

Timothy, my son, the saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners. And I am the foremost of sinners; but I received mercy for this reason, that in me, as the foremost, Jesus Christ might display His perfect patience for an example to those who were to believe in Him for eternal life. To the King of Ages, immortal, invisible, the only God, be honor and glory to the ages of ages. Amen.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING
Luke 18:35-43

At that time, as Jesus drew near to Jericho, a blind man was sitting by the roadside begging; and hearing a multitude going by, he inquired what this meant. They told him, "Jesus of Nazareth is passing by." And he cried, "Jesus, Son of David, have mercy on me!" And those who were in front rebuked him, telling him to be silent; but he cried out all the more, "Son of David, have mercy on me!" And Jesus stopped, and commanded him to be brought to Him; and when he came near, Jesus asked him, "What do you want me to do for you?" He said, "Lord, let me receive my sight." And Jesus said to him, "Receive your sight; your faith has made you well." And immediately he received his sight and followed Him, glorifying God; and all the people, when they saw it, gave praise to God.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia (3x)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.

CELEBRATIONS THIS WEEK

Birthdays

1/24 Fay Young
1/25 Terri Speier
1/27 Jeff Petersilia

PATHWAY FAMILY SERVICES

TODAY we welcome David Nye from Pathway Family Services. He is visiting us to share information with all who are interested in foster care, adoption, and services available to foster and adoptive families.

Since 2006, Pathway Family Services has answered the call to care for the needs of these foster children by training, certifying, and supporting resource families in their brave efforts to re-write the stories of abused and neglected children. Pathway Family Services has transformed the lives of a great number of abused, neglected, and at-risk children and their families by providing safe homes, counseling, resources, and education for both foster children and resource families.

For more information: <https://pfsffa.org/>

**THEOPHANY 2022
OUTDOOR BLESSING OF THE WATER**



Saint Xenia of Rome, commemorated on January 24th, in the world Eusebia, was the only daughter of an eminent Roman senator. From her youth she loved God, and wished to avoid the marriage arranged for her. She secretly left her parental home with two servants devoted to her, and set sail upon a ship. Through the Providence of God she met the head of the monastery of the holy Apostle Andrew in Milassa, a town of Caria (Asia Minor). She besought him to take her and her companions to Milassa. She also changed her name, calling herself Xenia [which means “stranger” or “foreigner” in Greek]. At Milassa she bought land, built a church dedicated to Saint Stephen, and founded a woman’s monastery. Soon after this, Bishop Paul of Milassa made Xenia a deaconess, because of her virtuous life. The saint helped everyone: for the destitute, she was a benefactress; for the grief-stricken, a comforter; for sinners, a guide to repentance. She possessed a deep humility, accounting herself the worst and most sinful of all.

In her ascetic deeds she was guided by the counsels of the Palestinian ascetic, Saint Euthymius. The sublime life of Saint Xenia drew many souls to Christ. The holy virgin died in 450 while she was praying. During her funeral, a luminous wreath of stars surrounding a radiant cross appeared over the monastery in the heavens. This sign accompanied the body of the saint when it was carried into the city, and remained until the saint’s burial. Many of the sick received healing after touching the relics of the saint. Following the death of Saint Xenia, first one of her former servants died, then the other. They were buried at the saint’s feet.

<https://www.oca.org/saints/lives/2022/01/24/100286-venerable-xenia-of-rome-and-her-two-female-servants>

CONSIDER COMING FOR SOME WEEKDAY SPIRITUAL REFRESHMENT!

Mondays/Wednesdays/Fridays	6:45 --7:30 a.m.	Daily Matins
Tuesdays/Thursdays	5:30—6:00 p.m.	Daily Vespers
Wednesdays	8:30—9:30 a.m.	Divine Liturgy

Matins and Vespers provide the “bread and butter” of Orthodox liturgical life: Trisagion Prayers, Psalms, hymns about the Resurrection and Crucifixion, beautiful poetry that teaches us about the saints being commemorated on that day, prayers for peace, health, salvation, our leaders, and prayers for the living and those who have departed this earthly life.

As we begin the new year, consider making a commitment to attend one of the daily services offered by the Church for our spiritual nourishment.

Consult the parish website calendar for the schedule of services.

ANNOUNCEMENTS

BLESSING OF HOMES with the Water of Theophany!

In this season it is customary to invite a priest to bless your home and your family. To partake in this blessing, please speak to any of our priests to schedule a time for him to bless your home.

THERE ARE LOTS OF NEW PHOTOS on the parish website from Theophany and the feast of St. Athanasius. Photos from the retirement festivities coming soon.

<https://www.stathanasius.org/media/photo-gallery/>

METROPOLITAN JOSEPH will be with us on Sunday, February 13th. We will have a special reception for him that day after the Divine Liturgy.

UPCOMING FEASTS & SPECIAL SERVICES

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Tuesday, February 1 — 6:00 p.m. Festal Great Vespers with Litia & Artoklasia

Wednesday, February 2 — 8:30 a.m. Festal Divine Liturgy

ADULT CATECHISM begins again on Sunday, January 23rd.

Please note that Catechism will now be on Sundays after Coffee Hour, instead of on Saturdays.

Salvation in Christ—Orthodox Spirituality

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| January 23 | Baptism & Chrismation |
| January 30 | The Eucharist & Repentance |
| February 6 | Priesthood & Spiritual Guidance (Fr. Nicholas) |
| February 13 | NO CLASS (Met. Joseph's Pastoral Visit) |
| February 20 | Keeping the Commandments & Teachings of Christ |

A Virtuous Life

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| February 27 | Faith, Hope, Love |
| March 6 | The Spiritual Disciplines: Prayer, Fasting, & Almsgiving |
| March 13 | Dispersion and Theosis |

A Sacramental Life—Visible signs & Entries to the Invisible & Divine

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|----------|---|
| March 20 | The Role of Beauty in Worship & Spiritual Life |
| March 27 | The Holy Temple and Corporate Prayer |
| April 3 | Music: Worship with our Voices, Entering the Beauty of the Kingdom (Valerie Yova) |

Spiritual Communion

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|----------|--------------------------------|
| April 10 | The Hearing of the Word of God |
| April 17 | Prayer of the Heart |

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)

Nick & Kristine J. (military)
Connor V. (military)
Steve T.
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Coleman Family (Lori, Abby, Matt)
Jerry J.
Chuck S.
Mat. Trudi & Richter Family
Linda Gish & Family
Kevin F.
Debbie S.
Steve H.
David L.

Joanne R.
James A.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Larissa F., Liz. P., Archpriest Nicholas N. ,Tom W., Fr. Thomas L

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.
